Government and Health Policy Basics

Government & Politics · Practice Test · 20 Questions

1. Which Australian government department is primarily responsible for national health policy and the Pharmaceutical Benefits Scheme?

A) Department of Health and Aged Care
B) Department of Defence
C) Department of Finance
D) Department of Foreign Affairs

2. What is the primary function of the human heart, which is protected by regulations under public health acts?

A) Filtering blood
B) Pumping blood throughout the body
C) Storing energy
D) Regulating body temperature

3. Which organ is responsible for filtering waste from the blood, a biological process supported by national water quality standards?

A) Liver
B) Lungs
C) Kidneys
D) Stomach

4. What is the largest organ of the human body, whose protection from UV radiation is often addressed by government sun-safety campaigns?

A) Skin
B) Liver
C) Brain
D) Small Intestine

5. How many chambers are in a healthy human heart, the organ that government health departments monitor through cardiovascular disease programs?

A) Two
B) Three
C) Four
D) Five

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6. Which mineral is essential for healthy bone density, a public health concern often addressed by government-mandated food fortification?

A) Iron
B) Calcium
C) Sodium
D) Potassium

7. Which gas do humans inhale, which is monitored by government environmental agencies to ensure public air quality standards?

A) Carbon dioxide
B) Nitrogen
C) Oxygen
D) Helium

8. What is the human skeletal system's primary role, which is supported by government-funded nutrition and safety initiatives?

A) Digestive processing
B) Structural support and protection
C) Hormone regulation
D) Oxygen transport

9. Which body part produces insulin, a substance that government health policies aim to manage in populations with diabetes?

A) Pancreas
B) Gallbladder
C) Appendix
D) Spleen

10. What type of blood cells are responsible for fighting infection, which government vaccination programs aim to support?

A) Red blood cells
B) White blood cells
C) Platelets
D) Plasma cells

11. The human brain is part of which biological system, often a focus of government mental health legislation?

A) Circulatory system
B) Central nervous system
C) Digestive system
D) Muscular system

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12. Which vitamin does the human body synthesize through exposure to sunlight, often encouraged by government health guidelines?

A) Vitamin A
B) Vitamin C
C) Vitamin D
D) Vitamin K

13. What is the primary purpose of the human lungs, which are protected by government anti-smoking and air pollution laws?

A) Digesting food
B) Pumping blood
C) Gas exchange
D) Filtering toxins

14. Which organ is responsible for the production of bile to help digest fats, a system affected by government-regulated dietary standards?

A) Liver
B) Kidney
C) Heart
D) Bladder

15. What is the average number of teeth in a healthy adult human, whose dental health is often supported by government-subsidized programs?

A) 24
B) 32
C) 40
D) 48

16. Which biological process involves the human body converting food into energy, a focus of government obesity-prevention policies?

A) Metabolism
B) Photosynthesis
C) Osmosis
D) Cell division

17. What is the human body's primary method of cooling itself down, a function that health officials monitor during government-declared heatwaves?

A) Shivering
B) Sweating
C) Breathing
D) Digesting

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18. Which substance is the primary component of human blood plasma, managed by government blood service authorities?

A) Water
B) Iron
C) Sugar
D) Salt

19. What is the main function of the human large intestine, which government dietary fiber campaigns aim to keep healthy?

A) Protein digestion
B) Water absorption
C) Oxygen circulation
D) Hormone production

20. Which muscle type is found in the human heart, the health of which is tracked by national government health statistics?

A) Skeletal muscle
B) Smooth muscle
C) Cardiac muscle
D) Voluntary muscle

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