Milestones in Food Science

Nutrition & Food Science · Practice Test · 20 Questions

1. Who is credited with discovering the first vitamin, Vitamin B1, in 1912?

A) Casimir Funk
B) Louis Pasteur
C) John Pemberton
D) Nicolas Appert

2. What preservation method did Nicolas Appert invent in the early 19th century?

A) Freeze-drying
B) Canning
C) Pasteurization
D) Vacuum packing

3. Which scientist developed the process of pasteurization to kill harmful bacteria in liquids?

A) Joseph Priestley
B) Louis Pasteur
C) Carl von Linde
D) Ignaz Semmelweis

4. In what year was the first commercially available breakfast cereal, Granula, invented?

A) 1863
B) 1901
C) 1885
D) 1920

5. What was the first artificial sweetener discovered by accident in 1879?

A) Aspartame
B) Sucralose
C) Saccharin
D) Stevia

6. Which explorer's crew was the first to show that Vitamin C could prevent scurvy?

A) Christopher Columbus
B) James Cook
C) Roald Amundsen
D) Marco Polo

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7. What food product was invented by John Pemberton in 1886?

A) Root Beer
B) Ginger Ale
C) Coca-Cola
D) Grape Juice

8. Who is known as the 'Father of Nutrition' for his 18th-century work on metabolism?

A) Antoine Lavoisier
B) Gregor Mendel
C) Charles Darwin
D) Isaac Newton

9. The first frozen food products were mass-marketed in the 1920s by whom?

A) Clarence Birdseye
B) Henry Heinz
C) Milton Hershey
D) W.K. Kellogg

10. What is the oldest known fermented beverage, dating back to 7000 BC?

A) Wine
B) Mead
C) Rice wine
D) Beer

11. Which nutrient was the first to be mandated for fortification in flour in the 1940s?

A) Vitamin D
B) Calcium
C) Folic acid
D) Niacin

12. What common food additive was first synthesized in 1908 by Kikunae Ikeda?

A) MSG (Monosodium Glutamate)
B) Citric Acid
C) Baking Soda
D) Vinegar

13. What was the first food to be genetically modified and sold in grocery stores?

A) Golden Rice
B) Flavr Savr Tomato
C) Bt Corn
D) Rainbow Papaya

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14. Which company created the first instant coffee to be mass-produced in 1938?

A) Starbucks
B) Maxwell House
C) Nestlé
D) Folgers

15. What year were the first standardized 'Recommended Dietary Allowances' (RDA) published?

A) 1941
B) 1955
C) 1930
D) 1960

16. Which food science invention allowed for the long-term storage of food in space for the first time?

A) Dehydration
B) Freeze-drying
C) Irradiation
D) Pickling

17. Who invented the process of homogenization for milk in 1904?

A) Auguste Gaulin
B) Louis Pasteur
C) John Harvey Kellogg
D) Milton Hershey

18. What was the first dietary supplement to be mass-produced in tablet form?

A) Vitamin C
B) Cod liver oil capsules
C) Iron pills
D) Multivitamins

19. Which ancient civilization was the first to record the use of yeast for bread making?

A) Ancient Romans
B) Ancient Egyptians
C) Ancient Greeks
D) Incas

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20. The microwave oven, which revolutionized home food preparation, was invented in which decade?

A) 1920s
B) 1940s
C) 1960s
D) 1980s

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