Foundations of Psychology

Psychology · Practice Test · 12 Questions

1. Which part of the brain is primarily responsible for processing new memories?

A) The Hippocampus
B) The Cerebellum
C) The Brain Stem
D) The Occipital Lobe

2. What is the psychological term for the process of taking in information and storing it for later use?

A) Forgetting
B) Encoding
C) Reflex
D) Extinction

3. Who is often referred to as the father of modern psychology for establishing the first psychological laboratory?

A) Sigmund Freud
B) B.F. Skinner
C) Wilhelm Wundt
D) Jean Piaget

4. Which psychological theory focuses on how children develop their thinking abilities through stages?

A) Classical Conditioning
B) Cognitive Development Theory
C) Social Learning Theory
D) Attachment Theory

5. In psychology, what is an 'involuntary' response to a stimulus called?

A) Cognition
B) Reflex
C) Motivation
D) Perception

6. Which sense is most closely linked to memory and emotional recall?

A) Sight
B) Hearing
C) Smell
D) Touch

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7. What is the term for the psychological tendency to remember the first items in a list more effectively than those in the middle?

A) The Recency Effect
B) The Primacy Effect
C) The Serial Position Effect
D) The Spotlight Effect

8. What type of psychologist specializes in diagnosing and treating mental, emotional, and behavioral disorders?

A) Clinical Psychologist
B) Social Psychologist
C) Industrial Psychologist
D) Educational Psychologist

9. According to Jean Piaget, what is the first stage of cognitive development in infants?

A) Preoperational
B) Sensorimotor
C) Concrete Operational
D) Formal Operational

10. Which neurotransmitter is commonly associated with feelings of reward and pleasure in the brain?

A) Dopamine
B) Adrenaline
C) Cortisol
D) Insulin

11. What is the 'Nature vs. Nurture' debate primarily concerned with?

A) Sleep cycles
B) Inherited traits versus environment
C) The development of language
D) Types of memory

12. Which term describes the psychological process of organizing and interpreting sensory information?

A) Sensation
B) Perception
C) Conditioning
D) Habituation

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