Fundamentals of Human Psychology

Psychology · Practice Test · 15 Questions

1. Which part of the brain is primarily responsible for processing information and controlling thoughts?

A) The Cerebrum
B) The Stomach
C) The Lung
D) The Kidney

2. What is the psychological term for the process of storing and retrieving information?

A) Sleeping
B) Memory
C) Digestion
D) Exercise

3. Which sense is most closely linked to the brain's ability to recall specific memories?

A) Sight
B) Touch
C) Smell
D) Hearing

4. In psychology, what is the name for a behavior that happens automatically in response to a stimulus?

A) A Reflex
B) A Hobby
C) A Language
D) A Sport

5. What is the primary function of the hippocampus in the human brain?

A) Regulating body temperature
B) Forming new memories
C) Controlling heart rate
D) Growing hair

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6. Which psychological term describes the ability to understand and share the feelings of another person?

A) Aggression
B) Empathy
C) Laziness
D) Curiosity

7. What type of psychologist specializes in helping students succeed in school?

A) School Psychologist
B) Clinical Surgeon
C) Dental Hygienist
D) Physics Professor

8. Which of these is considered a basic human emotion recognized across different cultures?

A) Confusion
B) Happiness
C) Boredom
D) Indifference

9. What is the name of the chemical messengers in the brain that send signals between nerve cells?

A) Neurotransmitters
B) Oxygen
C) Saliva
D) Water

10. What happens to the brain during REM (Rapid Eye Movement) sleep?

A) It stops working
B) It dreams
C) It shuts down completely
D) It grows muscle

11. Which psychological concept refers to the focus of our attention on specific objects or tasks?

A) Concentration
B) Daydreaming
C) Sleeping
D) Walking

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12. What is the primary role of the frontal lobe in the human brain?

A) Processing vision
B) Decision-making and planning
C) Hearing sounds
D) Moving fingers

13. In conditioning, what is the term for a signal that triggers a specific response?

A) A Stimulus
B) A Dream
C) A Reflection
D) A Shadow

14. Which term describes a person's individual pattern of thinking, feeling, and behaving?

A) Height
B) Personality
C) Hair colour
D) Weight

15. What is the main purpose of the nervous system?

A) To digest food
B) To transmit signals throughout the body
C) To pump blood
D) To filter water

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