# Basics of Public Health

Public Health · Answer Key · 8 Questions

**1. Which agency of the United Nations is primarily responsible for international public health?**

**A) World Health Organization (WHO)**
B) International Committee of the Red Cross
C) World Bank
D) UNESCO

**2. What process heats liquids like milk to a high temperature to destroy harmful bacteria?**

A) Freezing
**B) Pasteurisation**
C) Fermentation
D) Dehydration

**3. What mineral is commonly added to public water supplies to help prevent tooth decay?**

A) Iron
**B) Fluoride**
C) Calcium
D) Zinc

**4. What does the immune system produce after receiving a vaccine to help fight off future infections?**

A) Hormones
**B) Antibodies**
C) Red blood cells
D) Platelets

**5. According to health guidelines, what is the minimum recommended time to wash your hands with soap and water?**

A) 5 seconds
B) 10 seconds
**C) 20 seconds**
D) 60 seconds

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**6. Which insect is the primary vector responsible for transmitting malaria to humans?**

**A) Mosquito**
B) Tick
C) Flea
D) Bedbug

**7. Historically, sailors avoided getting scurvy by eating citrus fruits high in which vitamin?**

A) Vitamin A
B) Vitamin B12
**C) Vitamin C**
D) Vitamin D

**8. What term describes an outbreak of an infectious disease that spreads across many countries worldwide?**

A) Endemic
**B) Pandemic**
C) Epidermic
D) Allergy

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