Culinary History Milestones

Culinary Arts · Practice Test · 20 Questions

1. Which French chef is credited with inventing the 'brigade de cuisine' system in the late 19th century?

A) Auguste Escoffier
B) Marie-Antoine Carême
C) Paul Bocuse
D) Fernand Point

2. What was the first commercially manufactured breakfast cereal, introduced by James Caleb Jackson in 1863?

A) Granula
B) Grape-Nuts
C) Corn Flakes
D) Shredded Wheat

3. The first known patent for a 'refrigerated cabinet' for home use, the DOMELRE, was released in what year?

A) 1913
B) 1905
C) 1922
D) 1898

4. In 1825, Jean Anthelme Brillat-Savarin published which seminal work, considered the first book of food philosophy?

A) Physiologie du Goût
B) Le Guide Culinaire
C) L'Art de la Cuisine
D) La Gastronomie

5. What substance did chemist Michel Eugène Chevreul isolate in 1813, leading to the creation of commercial margarine?

A) Margaric acid
B) Palmitic acid
C) Stearic acid
D) Oleic acid

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6. The first recorded recipe for 'ice cream' using milk, cream, and sugar appeared in which 17th-century English manuscript?

A) Lady Anne Fanshawe's Receipt Book
B) The Accomplisht Cook
C) The Closet of Sir Kenelm Digby
D) The Queen's Closet Opened

7. Who is widely credited with inventing the 'Sous-vide' cooking technique in 1971 while working at Restaurant Troisgros?

A) Georges Pralus
B) Hervé This
C) Nathan Myhrvold
D) Thomas Keller

8. Which invention by Benjamin Thompson (Count Rumford) in the late 18th century revolutionized kitchen efficiency by enclosing the fire?

A) Rumford Roaster
B) Dutch Oven
C) Cast iron stove
D) Convection oven

9. In 1908, Kikunae Ikeda identified which chemical compound as the source of the 'umami' taste?

A) Glutamic acid
B) Inosinic acid
C) Guanylic acid
D) Aspartic acid

10. What was the primary innovation of the 'Pasteurizer', patented by Louis Pasteur in 1864, regarding wine production?

A) Heating to kill microbes
B) Vacuum distillation
C) Rapid fermentation
D) Cold filtration

11. The first mechanical pasta-making machine was patented in which city in 1740?

A) Venice
B) Naples
C) Genoa
D) Florence

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12. Which 19th-century chef, known as the 'Chef of Kings', first codified the system of the 'four mother sauces'?

A) Marie-Antoine Carême
B) Alexis Soyer
C) Urbain Dubois
D) Prosper Montagné

13. The first automated 'bread slicing machine' was invented by Otto Rohwedder in what year?

A) 1928
B) 1912
C) 1935
D) 1921

14. What is the oldest known carbonated beverage brand still in production, established in 1783 by Jacob Schweppe?

A) Schweppes Soda Water
B) Coca-Cola
C) Dr Pepper
D) Vernors Ginger Ale

15. Who published 'The Art of Cookery Made Plain and Easy' in 1747, the first cookbook to include instructions on how to use a thermometer?

A) Hannah Glasse
B) Isabella Beeton
C) Eliza Acton
D) Mary Randolph

16. In 1810, who received a patent for the 'canister' method of food preservation using tin-plated iron containers?

A) Peter Durand
B) Nicolas Appert
C) Bryan Donkin
D) John Hall

17. The first microwave oven for commercial use, the 'Radarange', was introduced by Raytheon in what year?

A) 1947
B) 1952
C) 1941
D) 1955

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18. Which 19th-century innovation allowed for the first 'frozen food' industry using the 'quick-freezing' process?

A) Clarence Birdseye
B) Carl von Linde
C) Frederick Tudor
D) John Gorrie

19. What was the world's first industrial 'food safety' legislation, enacted in England in 1860?

A) Adulteration of Food and Drink Act
B) Pure Food and Drug Act
C) Sale of Food Act
D) Public Health Act

20. The first 'blender' to be successfully marketed for commercial use was the Waring Blendor, introduced in:

A) 1937
B) 1922
C) 1945
D) 1931

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