

Global Gastronomy and Regional Cuisine

Gastronomy · Practice Test · 20 Questions

1. Which country is the primary global producer of saffron, accounting for over 90% of the world's supply?

- A) Spain
- B) Iran
- C) India
- D) Greece

2. What is the traditional Japanese ingredient 'kombu' primarily used for in cooking?

- A) Thickening sauces
- B) Creating dashi stock
- C) Seasoning tempura
- D) Wrapping sushi

3. The culinary technique 'sous-vide' was pioneered and popularized in which European country?

- A) Italy
- B) France
- C) Belgium
- D) Germany

4. Which region in Italy is historically recognized as the birthplace of Parmigiano Reggiano cheese?

- A) Emilia-Romagna
- B) Tuscany
- C) Lombardy
- D) Sicily

5. What is the main protein source in the traditional Peruvian dish 'ceviche'?

- A) Cooked chicken
- B) Raw fish marinated in citrus
- C) Smoked beef
- D) Fermented tofu

6. Which nation is credited with the invention of the croissant, despite its name meaning 'crescent'?

- A) France
- B) Austria
- C) Switzerland
- D) Germany

7. The spice 'sumac' is a foundational ingredient in the cuisine of which geographical region?

- A) Southeast Asia
- B) The Middle East
- C) Scandinavia
- D) Central America

8. Which botanical family do potatoes, tomatoes, and eggplants all belong to?

- A) Solanaceae
- B) Brassicaceae
- C) Fabaceae
- D) Apiaceae

9. In which country would you find 'Haggis' as a traditional national dish?

- A) Ireland
- B) Scotland
- C) Wales
- D) Denmark

10. The ingredient 'gochujang' is a fermented chili paste essential to the cuisine of which country?

- A) Thailand
- B) Japan
- C) South Korea
- D) Vietnam

11. 'Mole poblano' is a complex sauce traditionally served in which country?

- A) Spain
- B) Mexico
- C) Colombia
- D) Peru

12. Which nut is the primary ingredient in authentic Italian pesto alla genovese?

- A) Walnut
- B) Pine nut
- C) Almond
- D) Hazelnut

13. The 'Bordeaux' wine region is located in which country?

- A) Italy
- B) France
- C) Spain
- D) Portugal

14. What is the primary ingredient in the traditional Greek dip 'tzatziki'?

- A) Eggplant
- B) Chickpeas
- C) Yogurt
- D) Avocado

15. Which country is the world's largest exporter of coffee beans?

- A) Ethiopia
- B) Brazil
- C) Vietnam
- D) Colombia

16. 'Kimchi' is a staple side dish in Korean cuisine, primarily made from which fermented vegetable?

- A) Cucumber
- B) Cabbage
- C) Radish
- D) Onion

17. Which of these is the primary spice used in the Indian spice blend 'garam masala'?

- A) Cumin
- B) Saffron
- C) Vanilla
- D) Paprika

18. 'Paella' originated in which coastal city region of Spain?

- A) Barcelona
- B) Valencia
- C) Seville
- D) Madrid

19. Which country is considered the origin point of the 'taco'?

- A) Mexico
- B) Guatemala
- C) United States
- D) El Salvador

20. What is the main ingredient of 'tahini'?

- A) Chickpeas
- B) Sesame seeds
- C) Sunflower seeds
- D) Peanuts