

Global Gastronomy and Regional Cuisine

Gastronomy · Practice Test · 25 Questions

1. Which country is the primary historical origin of the dish known as Paella?

- A) Italy
- B) Spain
- C) Portugal
- D) France

2. From which region does the traditional balsamic vinegar of Modena originate?

- A) Tuscany
- B) Sicily
- C) Emilia-Romagna
- D) Piedmont

3. Which island nation is famous for the traditional dish 'Poi', made from taro root?

- A) Fiji
- B) Hawaii
- C) Tahiti
- D) Samoa

4. The spice Saffron is historically derived from the stigma of a crocus flower primarily cultivated in which country?

- A) Iran
- B) Thailand
- C) Brazil
- D) Mexico

5. In which country is 'Kimchi', a fermented cabbage dish, considered a national staple?

- A) Japan
- B) Vietnam
- C) South Korea
- D) China

6. Which country is the world's largest producer of cocoa beans, a key ingredient in chocolate?

- A) Ivory Coast
- B) Ecuador
- C) Indonesia
- D) Nigeria

7. The traditional dish 'Ceviche' is widely considered a national culinary heritage of which South American country?

- A) Chile
- B) Peru
- C) Argentina
- D) Colombia

8. Which European city is historically famous for the invention of the croissant?

- A) Paris
- B) Vienna
- C) Brussels
- D) Lyon

9. What is the main ingredient of the traditional dish 'Hummus' originating from the Levant region?

- A) Lentils
- B) Chickpeas
- C) Black beans
- D) Fava beans

10. The 'Doner Kebab' in its modern form originated in which country?

- A) Turkey
- B) Greece
- C) Lebanon
- D) Syria

11. Which country is credited with the origin of the 'Baklava' pastry?

- A) Turkey
- B) Iran
- C) Greece
- D) Egypt

12. Manchego cheese, protected by a designation of origin, comes from which region in Spain?

- A) Galicia
- B) La Mancha
- C) Catalonia
- D) Andalusia

13. 'Dim Sum' is a traditional culinary experience originating from which region?

- A) Tokyo
- B) Seoul
- C) Hong Kong/Guangdong
- D) Bangkok

14. Which country produces the most 'Parmigiano Reggiano' cheese?

- A) France
- B) Italy
- C) Switzerland
- D) Netherlands

15. The 'Taco' is a foundational element of the gastronomy of which nation?

- A) Mexico
- B) Guatemala
- C) Spain
- D) El Salvador

16. What is the primary ingredient of the Japanese alcoholic beverage 'Sake'?

- A) Potato
- B) Rice
- C) Wheat
- D) Barley

17. Which Caribbean island is the primary producer of Jerk seasoning and Jerk-style cooking?

- A) Cuba
- B) Jamaica
- C) Barbados
- D) Puerto Rico

18. 'Laksa' is a popular spicy noodle soup found primarily in which region?

- A) Southeast Asia
- B) East Africa
- C) Central America
- D) Scandinavia

19. The 'Baguette' is a strictly regulated bread product traditionally associated with which country?

- A) France
- B) Belgium
- C) Canada
- D) Switzerland

20. Which country is the world's largest exporter of coffee beans?

- A) Colombia
- B) Vietnam
- C) Brazil
- D) Ethiopia

21. 'Poutine' is a signature dish originating from which Canadian province?

- A) Ontario
- B) Quebec
- C) British Columbia
- D) Alberta

22. Which country is famous for the 'Pierogi', a type of filled dumpling?

- A) Poland
- B) Russia
- C) Ukraine
- D) Czech Republic

23. The 'Tagine' is a slow-cooked stew named after the clay pot in which it is cooked, originating from which country?

- A) Morocco
- B) Tunisia
- C) Algeria
- D) Egypt

24. 'Goulash' is a dish that originated in the medieval kingdom of which country?

- A) Austria
- B) Hungary
- C) Germany
- D) Slovakia

25. Which country is known for the wide variety of curries collectively known as 'Thai Curry'?

- A) Thailand
- B) India
- C) Malaysia
- D) Indonesia