

Pioneers and Milestones in Dietetics

Dietetics · Practice Test · 8 Questions

1. Who is widely considered the 'Father of Nutrition' for his 18th-century experiments on metabolism and respiration?

- A) Antoine Lavoisier
- B) Louis Pasteur
- C) Hippocrates
- D) Florence Nightingale

2. In 1747, which Scottish physician conducted the first controlled clinical trial to identify the cure for scurvy?

- A) James Lind
- B) Joseph Lister
- C) Alexander Fleming
- D) William Harvey

3. Which vitamin was the first to be chemically synthesized in a laboratory in 1933?

- A) Vitamin C
- B) Vitamin A
- C) Vitamin D
- D) Vitamin B12

4. What substance did Casimir Funk name in 1912, leading to the coining of the term 'vitamine'?

- A) Thiamine
- B) Protein
- C) Glucose
- D) Calcium

5. The first formal 'Dietetic Association' was founded in which country in 1917?

- A) United States
- B) Australia
- C) United Kingdom
- D) Canada

6. Which nutrient was identified as the specific cause of pellagra by Dr. Joseph Goldberger in the early 20th century?

- A) Niacin
- B) Iron
- C) Protein
- D) Fat

7. Who is credited with discovering the role of insulin in regulating blood sugar in 1921?

- A) Frederick Banting
- B) Marie Curie
- C) Robert Koch
- D) Gregor Mendel

8. What was the first food product to be officially fortified with iodine in the United States in 1924 to prevent goiter?

- A) Table salt
- B) Milk
- C) Bread
- D) Orange juice