

Understanding Social Intelligence and Multiple Intelligences

Psychology · Practice Test · 21 Questions

1. According to the text, how does empathy work in terms of mirroring?

- A) One's 'Low Road' automatically mirrors people around them.
- B) Our brain actively resists copying others' feelings.
- C) Empathy only works when people consciously try to copy others.
- D) Mirroring is an intentional act of agreement.

2. What activates in a person based on something experienced by another person in the same way?

- A) Mirror neurons
- B) Empathy quotient
- C) Self-absorption
- D) Dark triad

3. Which of the following is NOT part of the 'Dark Triad' of personalities described by Goleman?

- A) Narcissistic personality
- B) Machiavellian personality
- C) Introverted personality
- D) Psychopathic personality

4. What is the summarized motto of the 'Dark Triad' according to Goleman?

- A) Others exist to adore me.
- B) My needs come first.
- C) Empathy is a weakness.
- D) Manipulation is key to success.

5. What is 'Mindblindness' defined as?

- A) The inability to sense what is happening in the mind of someone else.
- B) A condition where one can only see their own perspective.
- C) The act of intentionally ignoring others' feelings.
- D) A lack of cognitive ability to understand complex thoughts.

6. What is identified as the key to 'mindsight'?

- A) Compassion
- B) Self-reflection
- C) Logical reasoning
- D) Emotional detachment

7. According to the text, what kills empathy and compassion?

- A) Self-absorption in all its forms
- B) Excessive focus on others
- C) Lack of social interaction
- D) Overthinking others' intentions

8. What happens to our world when we focus on others?

- A) It expands.
- B) It contracts.
- C) It remains the same.
- D) It becomes chaotic.

9. What did Dr. Baron-Cohen devise to test empathy levels?

- A) The Empathy Quotient
- B) The Mindblindness Scale
- C) The Social Intelligence Test
- D) The Dark Triad Inventory

10. What is a striking finding about socially integrated people and their health?

- A) They recover more quickly from disease and live longer.
- B) They are more prone to developing social anxieties.
- C) They have a lower need for social interaction.
- D) They experience more frequent minor illnesses.

11. According to Goleman, how do friends contribute to a healthy life?

- A) They support the soul and the immune system.
- B) They provide financial assistance.
- C) They offer objective criticism.
- D) They encourage risk-taking behavior.

12. What is suggested as a way to develop social intelligence?

- A) Paying more attention to social happenings around you
- B) Avoiding social situations
- C) Focusing solely on individual tasks
- D) Limiting interactions to essential communication

13. Who developed the Theory of Multiple Intelligences?

- A) Howard Gardner
- B) Daniel Goleman
- C) Dr. Baron-Cohen
- D) A Harvard professor

14. What is the core idea of Gardner's Theory of Multiple Intelligences?

- A) Intelligence is a spectrum composed of different kinds of minds.
- B) There is only one type of intelligence, which can be improved.
- C) Intelligence is solely determined by IQ scores.
- D) All people learn and understand in the exact same way.

15. How many types of intelligences did Gardner initially list?

- A) 7
- B) 8
- C) 5
- D) 10

16. People strong in visual-spatial intelligence are good at:

- A) Visualizing things, directions, maps, and charts.
- B) Using words effectively in writing and speaking.
- C) Reasoning, pattern recognition, and logical analysis.
- D) Understanding and managing emotions.

17. Which of these is a characteristic of someone with visual-spatial intelligence?

- A) Enjoy drawing, painting, and the visual arts.
- B) Have excellent problem-solving skills.
- C) Debate or give persuasive speeches.
- D) Memorize information easily.

18. Which career choice is suitable for someone strong in visual-spatial intelligence?

- A) Architect
- B) Writer
- C) Scientist
- D) Teacher

19. People strong in linguistic-verbal intelligence are able to use:

- A) Words well, both writing and speaking.
- B) Numbers and logical reasoning effectively.
- C) Visuals and spatial relationships efficiently.
- D) Emotions and social cues adeptly.

20. Which of these is a characteristic of someone with linguistic-verbal intelligence?

- A) Enjoy reading and writing.
- B) Are good with maps and charts.
- C) Like conducting scientific experiments.
- D) Can solve complex computations.

21. Which career choice is suitable for someone strong in linguistic-verbal intelligence?

- A) Lawyer
- B) Artist
- C) Mathematician
- D) Engineer