

Understanding Social Intelligence and Multiple Intelligences

Psychology · Answer Key · 21 Questions

1. According to the text, how does empathy work in terms of mirroring?

- A) One's 'Low Road' automatically mirrors people around them.**
- B) Our brain actively resists copying others' feelings.
- C) Empathy only works when people consciously try to copy others.
- D) Mirroring is an intentional act of agreement.

2. What activates in a person based on something experienced by another person in the same way?

- A) Mirror neurons**
- B) Empathy quotient
- C) Self-absorption
- D) Dark triad

3. Which of the following is NOT part of the 'Dark Triad' of personalities described by Goleman?

- A) Narcissistic personality
- B) Machiavellian personality
- C) Introverted personality**
- D) Psychopathic personality

4. What is the summarized motto of the 'Dark Triad' according to Goleman?

- A) Others exist to adore me.**
- B) My needs come first.
- C) Empathy is a weakness.
- D) Manipulation is key to success.

5. What is 'Mindblindness' defined as?

- A) The inability to sense what is happening in the mind of someone else.**
- B) A condition where one can only see their own perspective.
- C) The act of intentionally ignoring others' feelings.
- D) A lack of cognitive ability to understand complex thoughts.

6. What is identified as the key to 'mindsight'?

- A) Compassion**
- B) Self-reflection
- C) Logical reasoning
- D) Emotional detachment

7. According to the text, what kills empathy and compassion?

A) Self-absorption in all its forms

- B) Excessive focus on others
- C) Lack of social interaction
- D) Overthinking others' intentions

8. What happens to our world when we focus on others?

A) It expands.

- B) It contracts.
- C) It remains the same.
- D) It becomes chaotic.

9. What did Dr. Baron-Cohen devise to test empathy levels?

A) The Empathy Quotient

- B) The Mindblindness Scale
- C) The Social Intelligence Test
- D) The Dark Triad Inventory

10. What is a striking finding about socially integrated people and their health?

A) They recover more quickly from disease and live longer.

- B) They are more prone to developing social anxieties.
- C) They have a lower need for social interaction.
- D) They experience more frequent minor illnesses.

11. According to Goleman, how do friends contribute to a healthy life?

A) They support the soul and the immune system.

- B) They provide financial assistance.
- C) They offer objective criticism.
- D) They encourage risk-taking behavior.

12. What is suggested as a way to develop social intelligence?

A) Paying more attention to social happenings around you

- B) Avoiding social situations
- C) Focusing solely on individual tasks
- D) Limiting interactions to essential communication

13. Who developed the Theory of Multiple Intelligences?

A) Howard Gardner

- B) Daniel Goleman
- C) Dr. Baron-Cohen
- D) A Harvard professor

14. What is the core idea of Gardner's Theory of Multiple Intelligences?

A) Intelligence is a spectrum composed of different kinds of minds.

B) There is only one type of intelligence, which can be improved.

C) Intelligence is solely determined by IQ scores.

D) All people learn and understand in the exact same way.

15. How many types of intelligences did Gardner initially list?

A) 7

B) 8

C) 5

D) 10

16. People strong in visual-spatial intelligence are good at:

A) Visualizing things, directions, maps, and charts.

B) Using words effectively in writing and speaking.

C) Reasoning, pattern recognition, and logical analysis.

D) Understanding and managing emotions.

17. Which of these is a characteristic of someone with visual-spatial intelligence?

A) Enjoy drawing, painting, and the visual arts.

B) Have excellent problem-solving skills.

C) Debate or give persuasive speeches.

D) Memorize information easily.

18. Which career choice is suitable for someone strong in visual-spatial intelligence?

A) Architect

B) Writer

C) Scientist

D) Teacher

19. People strong in linguistic-verbal intelligence are able to use:

A) Words well, both writing and speaking.

B) Numbers and logical reasoning effectively.

C) Visuals and spatial relationships efficiently.

D) Emotions and social cues adeptly.

20. Which of these is a characteristic of someone with linguistic-verbal intelligence?

A) Enjoy reading and writing.

B) Are good with maps and charts.

C) Like conducting scientific experiments.

D) Can solve complex computations.

21. Which career choice is suitable for someone strong in linguistic-verbal intelligence?

A) Lawyer

B) Artist

C) Mathematician

D) Engineer