

Pediatric Growth and Development Guide

Pediatrics · Answer Key · 20 Questions

1. At what age does the head circumference (HC) typically equal the chest circumference (CC)?

- A) Birth
- B) 6 months
- C) 1 year**
- D) 2 years

2. What is the common term used to describe the toddler stage?

- A) The gang age
- B) Terrible two**
- C) Latency period
- D) Pre-pubescent

3. According to Erikson, what is the primary psychosocial crisis during infancy (birth to 12 months)?

- A) Trust vs. Mistrust**
- B) Autonomy vs. Shame
- C) Initiative vs. Guilt
- D) Identity vs. Role Confusion

4. At what age does a child typically start walking without support?

- A) 6 months
- B) 9 months
- C) 12 months**
- D) 18 months

5. What is the first menstrual period in a female adolescent called?

- A) Puberty
- B) Menarche**
- C) Ovulation
- D) Oogenesis

6. Which stage of Piaget's cognitive development occurs from birth to 2 years?

- A) Pre-operational
- B) Concrete operational
- C) Formal operational
- D) Sensory-motor**

7. At what age do permanent teeth typically begin to erupt?

- A) 2-3 years
- B) 4-5 years
- C) 6-7 years**
- D) 10-12 years

8. What type of play is characterized by children playing beside each other but not interacting directly?

- A) Solitary play
- B) Parallel play**
- C) Cooperative play
- D) Competitive play

9. How many words does a toddler typically know by 2 years of age?

- A) 100
- B) 300**
- C) 900
- D) 1500

10. What is the primary characteristic of the phallic stage in Freud's theory?

- A) Sucking pleasure
- B) Toilet training
- C) Oedipal/Electra complex**
- D) Latency

11. At what age can a child typically copy a circle?

- A) 2 years
- B) 3 years**
- C) 4 years
- D) 5 years

12. What is the average weight gain for an infant from 0-6 months?

- A) 15 gms/day
- B) 30 gms/day**
- C) 50 gms/day
- D) 1.8 kg/year

13. Which visual acuity milestone is expected at 3 years of age?

- A) 20/40
- B) 20/30
- C) 20/20**
- D) 20/100

14. At what age is the adult head size reached?

- A) 2 years
- B) 3 years
- C) 4 years
- D) 5 years**

15. What is the recommended vitamin D intake for an infant?

- A) 100 IU/day
- B) 200 IU/day
- C) 400 IU/day**
- D) 600 IU/day

16. During which developmental stage does 'hero worship' typically occur?

- A) Preschooler
- B) School-age (8-10 yrs)**
- C) Early adolescence
- D) Late adolescence

17. At what age does a child typically jump with both feet?

- A) 18 months
- B) 2 years
- C) 2.5 years**
- D) 3 years

18. What is the term for the school-age period regarding teeth?

- A) Loose tooth age**
- B) Terrible two
- C) Latency
- D) Puberty

19. What is the primary concern during the 'Anal stage' of psychosexual development?

- A) Sucking
- B) Toilet training**
- C) Peer relationships
- D) Identity

20. At what age does a child typically start printing words?

- A) 3 years
- B) 4 years
- C) 5 years**
- D) 6 years