

Psychiatry Foundations

Psychiatry · Practice Test · 15 Questions

1. In which year did the American Psychiatric Association publish the first edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM)?

- A) 1948
- B) 1952
- C) 1960
- D) 1975

2. Who is widely regarded as the founder of psychoanalysis?

- A) Sigmund Freud
- B) Carl Jung
- C) B.F. Skinner
- D) Ivan Pavlov

3. How many axes were used in the DSM-IV diagnostic system?

- A) 3
- B) 4
- C) 5
- D) 6

4. In what decade was the first effective antipsychotic medication, chlorpromazine, introduced?

- A) 1930s
- B) 1940s
- C) 1950s
- D) 1960s

5. Which Swiss psychiatrist coined the term 'schizophrenia' in 1908?

- A) Emil Kraepelin
- B) Eugen Bleuler
- C) Jean-Martin Charcot
- D) Philippe Pinel

6. Which German psychiatrist is known for distinguishing between dementia praecox and manic-depressive psychosis in the late 19th century?

- A) Emil Kraepelin
- B) Alfred Adler
- C) Erik Erikson
- D) Aaron Beck

7. In what year was the DSM-5 officially released?

- A) 2008
- B) 2010
- C) 2013
- D) 2015

8. Approximately what percentage of the global population is estimated to experience a mental health disorder at some point in their lives, according to World Health Organization reports?

- A) 5%
- B) 15%
- C) 25%
- D) 50%

9. How many stages of psychosocial development were proposed by Erik Erikson?

- A) 4
- B) 6
- C) 8
- D) 10

10. Which specific neurotransmitter is most commonly associated with the 'monoamine hypothesis' of depression?

- A) Serotonin
- B) GABA
- C) Glutamate
- D) Acetylcholine

11. In 1793, which French physician is credited with advocating for the humane treatment of the mentally ill at the Bicêtre Hospital?

- A) Philippe Pinel
- B) William Tuke
- C) Benjamin Rush
- D) Dorothea Dix

12. What is the standard number of categories in the ICD (International Classification of Diseases) chapter on mental and behavioral disorders?

- A) F00-F99
- B) A00-A99
- C) M00-M99
- D) Z00-Z99

13. Who was the American schoolteacher who campaigned for better conditions for the mentally ill in the mid-19th century?

- A) Clara Barton
- B) Dorothea Dix
- C) Florence Nightingale
- D) Elizabeth Blackwell

14. How many years did Sigmund Freud live?

- A) 73
- B) 83
- C) 93
- D) 103

15. Which Nobel Prize-winning neurologist developed the prefrontal lobotomy procedure in the 1930s?

- A) António Egas Moniz
- B) Walter Freeman
- C) Santiago Ramón y Cajal
- D) Eric Kandel