

Psychiatry Foundations

Psychiatry · Answer Key · 15 Questions

1. In which year did the American Psychiatric Association publish the first edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM)?

- A) 1948
- B) 1952**
- C) 1960
- D) 1975

2. Who is widely regarded as the founder of psychoanalysis?

- A) Sigmund Freud**
- B) Carl Jung
- C) B.F. Skinner
- D) Ivan Pavlov

3. How many axes were used in the DSM-IV diagnostic system?

- A) 3
- B) 4
- C) 5**
- D) 6

4. In what decade was the first effective antipsychotic medication, chlorpromazine, introduced?

- A) 1930s
- B) 1940s
- C) 1950s**
- D) 1960s

5. Which Swiss psychiatrist coined the term 'schizophrenia' in 1908?

- A) Emil Kraepelin
- B) Eugen Bleuler**
- C) Jean-Martin Charcot
- D) Philippe Pinel

6. Which German psychiatrist is known for distinguishing between dementia praecox and manic-depressive psychosis in the late 19th century?

- A) Emil Kraepelin**
- B) Alfred Adler
- C) Erik Erikson
- D) Aaron Beck

7. In what year was the DSM-5 officially released?

- A) 2008
- B) 2010
- C) 2013**
- D) 2015

8. Approximately what percentage of the global population is estimated to experience a mental health disorder at some point in their lives, according to World Health Organization reports?

- A) 5%
- B) 15%
- C) 25%**
- D) 50%

9. How many stages of psychosocial development were proposed by Erik Erikson?

- A) 4
- B) 6
- C) 8**
- D) 10

10. Which specific neurotransmitter is most commonly associated with the 'monoamine hypothesis' of depression?

- A) Serotonin**
- B) GABA
- C) Glutamate
- D) Acetylcholine

11. In 1793, which French physician is credited with advocating for the humane treatment of the mentally ill at the Bicêtre Hospital?

- A) Philippe Pinel**
- B) William Tuke
- C) Benjamin Rush
- D) Dorothea Dix

12. What is the standard number of categories in the ICD (International Classification of Diseases) chapter on mental and behavioral disorders?

- A) F00-F99**
- B) A00-A99
- C) M00-M99
- D) Z00-Z99

13. Who was the American schoolteacher who campaigned for better conditions for the mentally ill in the mid-19th century?

A) Clara Barton

B) Dorothea Dix

C) Florence Nightingale

D) Elizabeth Blackwell

14. How many years did Sigmund Freud live?

A) 73

B) 83

C) 93

D) 103

15. Which Nobel Prize-winning neurologist developed the prefrontal lobotomy procedure in the 1930s?

A) António Egas Moniz

B) Walter Freeman

C) Santiago Ramón y Cajal

D) Eric Kandel