

Global Sports Medicine Facts

Sports Medicine · Practice Test · 20 Questions

1. The International Olympic Committee (IOC), which sets global standards for athlete health, is headquartered in which country?

- A) Switzerland
- B) United States
- C) Japan
- D) Australia

2. In which city was the first modern Olympic Games held in 1896, establishing the foundation for international sports medical oversight?

- A) Paris
- B) Athens
- C) London
- D) Rome

3. The World Anti-Doping Agency (WADA), a key organization in sports medicine, has its main headquarters in which North American city?

- A) New York
- B) Toronto
- C) Montreal
- D) Vancouver

4. Which European country is home to the FIFA Medical Centre of Excellence in Zurich, a leader in football-related sports medicine?

- A) Germany
- B) Switzerland
- C) Italy
- D) Spain

5. The famous 'Aspetar' hospital, specializing in orthopaedics and sports medicine, is located in which Middle Eastern country?

- A) Qatar
- B) Saudi Arabia
- C) United Arab Emirates
- D) Kuwait

6. The Australian Institute of Sport (AIS), a world-renowned facility for athlete recovery and physiology, is located in which city?

- A) Sydney
- B) Melbourne
- C) Canberra
- D) Brisbane

7. The Karolinska Institute, which frequently contributes to global sports medicine research, is located in which Scandinavian capital?

- A) Oslo
- B) Stockholm
- C) Copenhagen
- D) Helsinki

8. In which country is the 'Centro Mapei Sport', a facility famous for its contribution to cycling sports medicine, located?

- A) France
- B) Belgium
- C) Italy
- D) Netherlands

9. The Pan American Games, which feature extensive medical facilities for athletes, were first held in which South American capital city?

- A) Buenos Aires
- B) Lima
- C) Santiago
- D) Bogota

10. Which Asian nation hosted the 2020 Summer Olympics, where advanced heat-stroke prevention protocols for athletes were heavily utilized?

- A) China
- B) South Korea
- C) Japan
- D) Thailand

11. The 'Borgess Medical Center' in the United States is globally recognized for its pioneering work in sports medicine for which specific field?

- A) Professional Baseball
- B) Extreme Sports
- C) Professional Cycling
- D) Figure Skating

12. Which European country hosted the first Winter Olympic Games in 1924, which helped develop cold-weather sports injury medicine?

- A) Austria
- B) France
- C) Norway
- D) Switzerland

13. The 'Sports Science Institute of South Africa' is located in which major city?

- A) Johannesburg
- B) Cape Town
- C) Durban
- D) Pretoria

14. The Chinese National Sports Training Center, focused on elite athlete health, is located in which city?

- A) Shanghai
- B) Guangzhou
- C) Beijing
- D) Shenzhen

15. The 'GSSI' (Gatorade Sports Science Institute) has a major research facility located in which state in the USA?

- A) Florida
- B) Texas
- C) California
- D) New York

16. Which country is home to the 'Olympic Medical Center' that supports athletes training in high-altitude environments like the Andes?

- A) Bolivia
- B) Peru
- C) Ecuador
- D) Chile

17. The 'National Sports Medicine Institute' of the United Kingdom is primarily based in which capital city?

- A) Manchester
- B) London
- C) Birmingham
- D) Edinburgh

18. In which country was the first professional sports medicine association established in the early 20th century?

- A) Germany
- B) France
- C) United Kingdom
- D) United States

19. The 'Aspire Academy' for sports medicine and education is situated in which city?

- A) Dubai
- B) Doha
- C) Abu Dhabi
- D) Muscat

20. Which city in India hosts the 'National Institute of Sports', which includes a focus on sports medicine and physiology?

- A) Mumbai
- B) Delhi
- C) Patiala
- D) Chennai