

Classical Music and Human Health

Classical Music · Practice Test · 2 Questions

1. What effect does listening to slow-tempo classical music typically have on human heart rate?

- A) It lowers the heart rate
- B) It doubles the heart rate
- C) It stops the heart rate
- D) It causes sudden heart rate spikes

2. What is the popular name for the theory that listening to classical music can temporarily enhance spatial reasoning?

- A) The Mozart Effect
- B) The Beethoven Principle
- C) The Bach Boost
- D) The Chopin Phenomenon