

Global Exercise Science and Sports Institutions

Exercise Science · Answer Key · 11 Questions

1. Where is the main campus and headquarters of the Australian Institute of Sport (AIS) located?

- A) Sydney
- B) Canberra**
- C) Melbourne
- D) Brisbane

2. In which Swedish city was the Swedish School of Sport and Health Sciences (GIH), founded in 1813 as the world's oldest physical education institute, established?

- A) Gothenburg
- B) Uppsala
- C) Stockholm**
- D) Malmö

3. The German Sport University Cologne, Europe's largest specialized sports science university, is located in which German state?

- A) Bavaria
- B) North Rhine-Westphalia**
- C) Hesse
- D) Baden-Württemberg

4. Where are the global headquarters of the World Anti-Doping Agency (WADA) located?

- A) Lausanne, Switzerland
- B) Vienna, Austria
- C) Montreal, Canada**
- D) Geneva, Switzerland

5. The needle muscle biopsy technique, which modernized muscle exercise biochemistry in the 1960s, was developed by Dr. Jonas Bergström in which country?

- A) Germany
- B) United States
- C) Japan
- D) Sweden**

6. Located over 3,600 meters above sea level, Estadio Hernando Siles is frequently studied by exercise physiologists researching extreme altitude performance. In which city is it located?

- A) La Paz, Bolivia**
- B) Quito, Ecuador
- C) Bogotá, Colombia
- D) Mexico City, Mexico

7. In 1927, the landmark Harvard Fatigue Laboratory was established to conduct pioneering human exercise physiology research. In which U.S. state was it located?

- A) New York
- B) Pennsylvania
- C) Massachusetts**
- D) Connecticut

8. Aspetar, an internationally recognized FIFA-accredited orthopedic and sports medicine hospital, is located in which Middle Eastern city?

- A) Dubai
- B) Doha**
- C) Riyadh
- D) Abu Dhabi

9. The headquarters of the American College of Sports Medicine (ACSM) is located in which city?

- A) Chicago
- B) Atlanta
- C) Boston
- D) Indianapolis**

10. Loughborough University, consistently ranked among the world's top institutions for sports science research, is located in which country?

- A) Australia
- B) United Kingdom**
- C) Canada
- D) New Zealand

11. A.V. Hill, who won the 1922 Nobel Prize for discoveries related to muscle heat production and exercise oxygen debt, conducted his major research in which city?

- A) Edinburgh
- B) Oxford
- C) London**
- D) Dublin