

Foundations of Psychiatry

Psychiatry · Answer Key · 18 Questions

1. Which medical specialty focuses on the diagnosis, treatment, and prevention of mental, emotional, and behavioural disorders?

- A) Psychiatry**
- B) Neurology
- C) Psychology
- D) Pediatrics

2. What is the term for a medical doctor who has completed specialized training in psychiatry?

- A) Psychotherapist
- B) Psychiatrist**
- C) Psychologist
- D) Counselor

3. Which of these is a chronic condition characterized by persistent feelings of sadness and loss of interest?

- A) Dementia
- B) Depression**
- C) Insomnia
- D) Dyslexia

4. What is the primary difference between a psychiatrist and a psychologist?

- A) Psychologists can perform surgery
- B) Psychiatrists can prescribe medication**
- C) Psychologists see patients more often
- D) There is no difference

5. What does the acronym 'ADHD' stand for in a clinical context?

- A) Attention Deficit Hyperactivity Disorder**
- B) Acute Depression Health Disorder
- C) Active Daily Habit Disorder
- D) Advanced Diagnostic Health Data

6. Which organ is primarily the focus of psychiatric treatment and study?

- A) Heart
- B) Liver
- C) Brain**
- D) Lungs

7. What is the name of the diagnostic manual published by the American Psychiatric Association?

- A) ICD-10
- B) Merck Manual
- C) DSM-5**
- D) Gray's Anatomy

8. Which term describes an intense, irrational fear of a specific object or situation?

- A) Phobia**
- B) Mania
- C) Delirium
- D) Amnesia

9. What is a common symptom often associated with generalized anxiety disorder?

- A) Excessive worry**
- B) Increased height
- C) Improved sleep
- D) Weight gain

10. What is the purpose of 'talk therapy' or psychotherapy?

- A) To cure infections
- B) To treat mental health conditions through communication**
- C) To perform physical examinations
- D) To prescribe blood pressure medicine

11. Which condition involves periods of extreme mood swings ranging from emotional highs to lows?

- A) Bipolar disorder**
- B) Narcolepsy
- C) Migraine
- D) Autism

12. What is the primary symptom of insomnia?

- A) Difficulty sleeping**
- B) Excessive eating
- C) Frequent laughter
- D) Rapid hair growth

13. Which professional is trained to provide psychotherapy but is generally not a medical doctor?

- A) Psychiatrist
- B) Neurologist
- C) Psychologist**
- D) Surgeon

14. What is an example of a common psychiatric treatment?

- A) Cast removal
- B) Prescription medication**
- C) Bone setting
- D) Eye surgery

15. Which branch of science studies the effects of drugs on the mind and mental states?

- A) Psychopharmacology**
- B) Paleontology
- C) Geology
- D) Botany

16. What term is used to describe a false belief held firmly despite evidence to the contrary?

- A) Hallucination
- B) Delusion**
- C) Dream
- D) Memory

17. What is the main goal of psychiatric rehabilitation?

- A) To increase physical strength
- B) To improve daily functioning for those with mental illness**
- C) To memorize historical dates
- D) To conduct laboratory experiments

18. Which of the following is considered a mental health professional?

- A) Psychiatric nurse**
- B) General plumber
- C) Professional chef
- D) Astronaut