

Junior Gastronomy Quiz

Gastronomy · Practice Test · 12 Questions

1. Which fruit is botanically classified as a berry but is commonly known as a stone fruit?

- A) Strawberry
- B) Banana
- C) Watermelon
- D) Peach

2. What is the main ingredient in traditional guacamole?

- A) Tomato
- B) Avocado
- C) Onion
- D) Lime

3. Which of these ingredients is used to make bread rise?

- A) Salt
- B) Sugar
- C) Yeast
- D) Butter

4. From which plant do cocoa beans originate?

- A) Coffee bush
- B) Cacao tree
- C) Vanilla orchid
- D) Sugar cane

5. What type of food is a 'legume'?

- A) A dairy product
- B) A type of fish
- C) A bean or pea
- D) A green leafy vegetable

6. What is the primary ingredient in hummus?

- A) Lentils
- B) Black beans
- C) Chickpeas
- D) Kidney beans

7. Which part of the plant is broccoli?

- A) Root
- B) Flower bud
- C) Seed
- D) Leaf

8. What is the most common grain used to make pasta?

- A) Rice
- B) Oats
- C) Wheat
- D) Barley

9. Which of these is a root vegetable?

- A) Carrot
- B) Lettuce
- C) Tomato
- D) Cucumber

10. What substance do bees produce that is often used as a natural sweetener?

- A) Maple syrup
- B) Agave nectar
- C) Honey
- D) Molasses

11. Which process involves heating milk to kill bacteria?

- A) Pasteurization
- B) Fermentation
- C) Freezing
- D) Curing

12. What is sushi traditionally wrapped in?

- A) Paper
- B) Seaweed
- C) Lettuce
- D) Spinach