

Junior Gastronomy Quiz

Gastronomy · Answer Key · 12 Questions

1. Which fruit is botanically classified as a berry but is commonly known as a stone fruit?

- A) Strawberry
- B) Banana**
- C) Watermelon
- D) Peach

2. What is the main ingredient in traditional guacamole?

- A) Tomato
- B) Avocado**
- C) Onion
- D) Lime

3. Which of these ingredients is used to make bread rise?

- A) Salt
- B) Sugar
- C) Yeast**
- D) Butter

4. From which plant do cocoa beans originate?

- A) Coffee bush
- B) Cacao tree**
- C) Vanilla orchid
- D) Sugar cane

5. What type of food is a 'legume'?

- A) A dairy product
- B) A type of fish
- C) A bean or pea**
- D) A green leafy vegetable

6. What is the primary ingredient in hummus?

- A) Lentils
- B) Black beans
- C) Chickpeas**
- D) Kidney beans

7. Which part of the plant is broccoli?

A) Root

B) Flower bud

C) Seed

D) Leaf

8. What is the most common grain used to make pasta?

A) Rice

B) Oats

C) Wheat

D) Barley

9. Which of these is a root vegetable?

A) Carrot

B) Lettuce

C) Tomato

D) Cucumber

10. What substance do bees produce that is often used as a natural sweetener?

A) Maple syrup

B) Agave nectar

C) Honey

D) Molasses

11. Which process involves heating milk to kill bacteria?

A) Pasteurization

B) Fermentation

C) Freezing

D) Curing

12. What is sushi traditionally wrapped in?

A) Paper

B) Seaweed

C) Lettuce

D) Spinach