

Human Body and Health Basics

Life Science · Answer Key · 10 Questions

1. Which organ is responsible for pumping blood throughout the human body?

A) Heart

B) Brain

C) Lungs

D) Liver

2. What main gas do humans inhale from the air to survive?

A) Carbon dioxide

B) Oxygen

C) Nitrogen

D) Helium

3. How many bones are in a standard adult human body?

A) 106

B) 206

C) 306

D) 406

4. Which part of the body controls thoughts, memory, and voluntary movement?

A) Stomach

B) Heart

C) Brain

D) Kidney

5. Which vitamin found in citrus fruits like oranges helps support a healthy immune system?

A) Vitamin C

B) Vitamin D

C) Vitamin B12

D) Vitamin K

6. What is the largest organ of the human body?

A) Liver

B) Skin

C) Heart

D) Small intestine

7. Which substance inside red blood cells carries oxygen from the lungs to the rest of the body?

A) Insulin

B) Hemoglobin

C) Saliva

D) Keratin

8. In which part of the digestive system does most nutrient absorption take place?

A) Large intestine

B) Stomach

C) Esophagus

D) Small intestine

9. Which type of human teeth are primarily used for tearing food?

A) Molars

B) Incisors

C) Canines

D) Premolars

10. Which mineral is essential for building and maintaining strong bones and teeth?

A) Iron

B) Calcium

C) Potassium

D) Sodium