

Milestones in Sports History

Sports History · Practice Test · 15 Questions

1. Which sport was the first to have its rules codified by the English Football Association in 1863?

- A) Rugby Union
- B) Association Football
- C) Cricket
- D) Field Hockey

2. Who is credited with inventing the game of basketball in 1891 at a YMCA in Springfield, Massachusetts?

- A) James Naismith
- B) Amos Alonzo Stagg
- C) Walter Camp
- D) Luther Gulick

3. In which year were the first modern Olympic Games held in Athens, Greece?

- A) 1888
- B) 1896
- C) 1904
- D) 1912

4. Which company produced the first mass-marketed athletic shoe, known as 'sneakers,' in the late 19th century?

- A) Adidas
- B) Puma
- C) Keds
- D) Converse

5. What was the first sport to be televised live in the United States, occurring in 1939?

- A) Baseball
- B) Boxing
- C) Tennis
- D) Horse Racing

6. The 'Hawkeye' system, which uses cameras to track the trajectory of a ball, was first introduced in which sport?

- A) Tennis
- B) Cricket
- C) Football
- D) Golf

7. Who was the first athlete to ever be featured on a Wheaties cereal box in 1934?

- A) Babe Ruth
- B) Lou Gehrig
- C) Jack Dempsey
- D) Jesse Owens

8. The first official modern marathon race was held during the 1896 Olympics, inspired by the legend of which figure?

- A) Achilles
- B) Pheidippides
- C) Alexander the Great
- D) Pericles

9. What innovation in swimming, introduced in the 1970s, significantly reduced drag and improved world record times?

- A) Goggles
- B) Lycra caps
- C) Full-body swimsuits
- D) Chlorine-free pools

10. The first documented game of golf occurred in which country during the 15th century?

- A) England
- B) Ireland
- C) Scotland
- D) France

11. Which invention allowed for the game of volleyball to be played indoors by preventing the ball from touching the floor?

- A) The net
- B) The rotation rule
- C) The overhead serve
- D) The referee chair

12. In 1900, which sport became the first to include women as competitors in the modern Olympic Games?

- A) Tennis
- B) Archery
- C) Equestrian
- D) Swimming

13. What was the first sport to adopt a salary cap in North American professional leagues, established in 1984?

- A) MLB
- B) NBA
- C) NFL
- D) NHL

14. The 'photo finish' camera, used to determine winners in tight races, was first used in horse racing in which decade?

- A) 1920s
- B) 1930s
- C) 1940s
- D) 1950s

15. Which piece of equipment was officially introduced in the 1970s to improve safety in Major League Baseball?

- A) Batting helmet
- B) Catcher's mask
- C) Shin guards
- D) Spiked shoes