

Psychology Basics for Young Minds

Psychology · Practice Test · 8 Questions

1. Which part of the brain is primarily responsible for processing emotions and memory?

- A) Cerebellum
- B) Hippocampus
- C) Brainstem
- D) Frontal Lobe

2. What is the psychological term for the tendency to remember the first and last items in a list better than the middle ones?

- A) Serial position effect
- B) Cognitive dissonance
- C) Classical conditioning
- D) Confirmation bias

3. Which famous psychologist is best known for his theory of cognitive development in children?

- A) Sigmund Freud
- B) B.F. Skinner
- C) Jean Piaget
- D) Ivan Pavlov

4. What is the name of the process by which a person learns to associate a stimulus with a response?

- A) Operant conditioning
- B) Classical conditioning
- C) Observational learning
- D) Cognitive mapping

5. In psychology, what is the 'short-term' or 'working' memory capacity for the average adult?

- A) 2 to 3 items
- B) 5 to 9 items
- C) 15 to 20 items
- D) Unlimited capacity

6. Which psychological concept explains why we tend to focus on information that confirms our existing beliefs?

- A) Confirmation bias
- B) Hindsight bias
- C) Availability heuristic
- D) Framing effect

7. What is the main function of the neurotransmitter 'dopamine' in the brain?

- A) Regulating body temperature
- B) Managing sleep cycles
- C) Processing reward and pleasure
- D) Controlling muscle movement

8. Which area of psychology specifically studies how people grow and change from birth to old age?

- A) Clinical psychology
- B) Social psychology
- C) Developmental psychology
- D) Forensic psychology