

Coffee in Space: Astronauts' Brew

Space Science · Practice Test · 10 Questions

1. How many hours a day do astronauts typically work on the ISS?

- A) 8-10 hours
- B) 12-14 hours
- C) 6-8 hours
- D) 10-12 hours

2. About how much caffeine does the average astronaut consume per day?

- A) 200 milligrams
- B) 50 milligrams
- C) 100 milligrams
- D) 150 milligrams

3. What is the equivalent of 100mg of caffeine in common beverages?

- A) One cup of coffee
- B) Two cups of tea
- C) One can of energy drink
- D) All of the above

4. How do astronauts typically drink coffee on the ISS?

- A) From a mug
- B) From a glass
- C) From a plastic pouch through a straw
- D) From a thermos

5. Who invented the zero-gravity cup?

- A) Neil Armstrong
- B) Buzz Aldrin
- C) Don Pettit
- D) Yuri Gagarin

6. What does the space cup rely on to keep liquid in place?

- A) Magnets
- B) Gravity
- C) Surface tension and physics
- D) Velcro

7. What is unique about the shape of the space cup?

- A) It is spherical
- B) It has an angled channel
- C) It is made of glass
- D) It is foldable

8. Where does the water for coffee on the ISS come from?

- A) Imported from Earth
- B) Collected from rain
- C) Recycled liquids and air moisture
- D) From a nearby asteroid

9. What form of coffee is used on the ISS?

- A) Ground coffee beans
- B) Instant coffee
- C) Freeze-dried coffee grounds
- D) Coffee syrup

10. What is a big question for the future regarding coffee in space?

- A) The best coffee brand
- B) How much coffee for a Mars mission
- C) If coffee affects sleep in space
- D) The ideal temperature for space coffee