

Health and Child Development

Health · Practice Test · 29 Questions

1. What is the ability to understand and use digital health information called?

- A) Maternal Health
- B) E-health Literacy
- C) Child Health
- D) E-health Practices

2. Maternal health refers to the health of a woman during which periods?

- A) Childhood and Adolescence
- B) Pregnancy, Childbirth, and Postnatal periods
- C) Old Age
- D) Adulthood

3. Which of the following is a component of maternal health?

- A) Child's intellectual development
- B) Pregnancy
- C) Social health
- D) Environmental factors

4. Child health focuses on the well-being of a child in several aspects. Which of these is NOT listed as a respect of a child's needs?

- A) Physical
- B) Emotional
- C) Intellectual Development
- D) Financial Security

5. The three phases of pregnancy are typically divided into:

- A) Early, Middle, Late
- B) Trimesters
- C) First, Second, Third
- D) Beginning, Middle, End

6. What is the developing human in the womb called during the fetal stage?

- A) Embryo
- B) Zygote
- C) Fetus
- D) Neonate

7. Which of the following is a time-bound resource or procedure for newborns?

- A) Immunization
- B) Vitamin K administration
- C) Skin-to-skin contact
- D) Weight monitoring

8. Clamping of the umbilical cord after birth should ideally be done after how many minutes?

- A) Immediately
- B) Within 1 minute
- C) Over 1-3 minutes
- D) After 10 minutes

9. What is the attachment of the developing child called?

- A) Fertilization
- B) Implantation
- C) Gestation
- D) Conception

10. Essential newborn care aims to prevent what?

- A) Obesity
- B) Congenital diseases
- C) Low birth weight
- D) Infections

11. Newborn screening is a comprehensive policy to find out if a baby has what?

- A) Allergies
- B) Vision problems
- C) Congenital metabolic diseases
- D) Hearing impairment

12. Which of these is a non-time-bound procedure for newborns?

- A) Skin-to-skin contact
- B) Clamping of the umbilical cord
- C) Immunization
- D) Breastfeeding initiation

13. What is the first stage of pregnancy where the cell divides called?

- A) Fetal stage
- B) Embryonic stage
- C) Fertilization
- D) Implantation

14. The period immediately after childbirth is known as the:

- A) Antenatal period
- B) Postnatal period
- C) Trimester period
- D) Fetal period

15. What does 'E-health Practices' relate to in the context of the text?

- A) Traditional medicine
- B) Digital health case processes
- C) Physical health exercises
- D) Mental health support

16. The well-being of a child includes their emotional state. What is this referred to as?

- A) Physical health
- B) Intellectual development
- C) Emotional well-being
- D) Social health

17. What refers to the developing human during the embryonic stage?

- A) Fetus
- B) Neonate
- C) Embryo
- D) Zygote

18. Which of the following is a component of a child's social health?

- A) Cognitive skills
- B) Interactions with others
- C) Physical fitness
- D) Nutritional intake

19. What is the purpose of 'Skin to skin contact' for a newborn?

- A) To clean the baby
- B) To regulate body temperature and promote bonding
- C) To administer medication
- D) To check for birth defects

20. Vitamin K administration to newborns is primarily to prevent:

- A) Jaundice
- B) Bleeding disorders
- C) Infections
- D) Allergies

21. What is the primary goal of 'Newborn Screening'?

- A) To assess the baby's cry
- B) To detect potential developmental delays
- C) To identify congenital metabolic diseases early
- D) To check for physical injuries

22. Which phase of pregnancy is characterized by the development of the human form?

- A) Early
- B) Middle
- C) Fetal
- D) Embryo

23. The text mentions 'E-health Practices and Case Stress'. What is the most likely intended meaning?

- A) E-health practices and case stress
- B) E-health protocols and case assessment
- C) E-health processes and care access
- D) E-health principles and case support

24. What does the term 'Neonatal' likely refer to in the context of child health?

- A) Neurological health
- B) Neonatal health
- C) Nutritional health
- D) Emotional health

25. Which of the following is a time-bound procedure related to the umbilical cord?

- A) Breastfeeding
- B) Weight gain monitoring
- C) Clamping of the cord
- D) Immunization

26. What does 'Noshina' likely refer to in the context of newborn care?

- A) Nourishment
- B) Washing
- C) Dressing
- D) Feeding

27. What is the role of 'Environmental factors' in child health?

- A) They are solely internal factors
- B) They are external influences on a child's well-being
- C) They only affect physical health
- D) They are irrelevant to child development

28. What does 'breastfeeding initiation' likely refer to?

- A) Breast cancer screening
- B) Breastfeeding initiation
- C) Breast milk analysis
- D) Breast development monitoring

29. The text uses 'Trimesters' which likely refers to:

- A) Trimesters of pregnancy
- B) Trim tests
- C) Triage systems
- D) Timely check-ups