

Foundations of Developmental Psychology

Developmental Psychology · Practice Test · 10 Questions

1. What is the primary focus of developmental psychology?

- A) The study of personality disorders
- B) The study of how humans grow and change over their lifespan
- C) The study of social group dynamics
- D) The study of abnormal brain function

2. Which of the following refers to the biological and physical changes that occur throughout a person's life?

- A) Cognitive development
- B) Social development
- C) Physical development
- D) Emotional development

3. The ability to think, reason, and solve problems is a key aspect of which type of development?

- A) Physical development
- B) Cognitive development
- C) Moral development
- D) Motor development

4. According to Erik Erikson's stages of psychosocial development, the first stage, occurring from birth to 1 year, is focused on developing:

- A) Autonomy
- B) Initiative
- C) Trust versus mistrust
- D) Identity

5. Jean Piaget is most famous for his theory of:

- A) Psychosexual development
- B) Social learning theory
- C) Cognitive development
- D) Moral development

6. What term describes the influence of heredity and genetics on development?

- A) Nurture
- B) Environment
- C) Nature
- D) Socialization

7. The process by which children learn the values, beliefs, and behaviors of their culture is called:

- A) Assimilation
- B) Accommodation
- C) Socialization
- D) Habituation

8. Which theorist proposed that learning occurs through observation, imitation, and modeling?

- A) B.F. Skinner
- B) Sigmund Freud
- C) Jean Piaget
- D) Albert Bandura

9. A critical period in development is a time when:

- A) An individual is most likely to experience illness
- B) An organism is particularly sensitive to certain environmental influences
- C) Physical growth ceases
- D) Cognitive abilities begin to decline

10. Which of the following is NOT a main area of developmental psychology?

- A) Cognitive Development
- B) Social Development
- C) Abnormal Psychology
- D) Physical Development