

Global Food Culture Essentials

Food Culture · Answer Key · 15 Questions

1. Which grain is the primary staple food for more than half of the world's population?

- A) Wheat
- B) Rice**
- C) Corn
- D) Barley

2. In which country did the culinary tradition of sushi originate?

- A) China
- B) South Korea
- C) Japan**
- D) Thailand

3. Which ingredient is commonly used to create the distinct yellow color in traditional Indian curry?

- A) Turmeric**
- B) Paprika
- C) Cumin
- D) Coriander

4. What is the main ingredient in traditional Italian pasta dough?

- A) Rice flour
- B) Potato starch
- C) Wheat flour**
- D) Cornmeal

5. Which country is historically credited with the invention of the croissant?

- A) France
- B) Austria**
- C) Belgium
- D) Switzerland

6. Which of these is a traditional Mexican dish made from a corn-based dough wrapped in a husk or leaf?

- A) Taco
- B) Burrito
- C) Tamale**
- D) Quesadilla

7. What type of food is 'Kimchi', a staple in Korean cuisine?

- A) Dried fish
- B) Fermented vegetables**
- C) Steamed tofu
- D) Roasted meat

8. Which country is famous for the dish 'Paella', which traditionally contains saffron-infused rice?

- A) Italy
- B) Greece
- C) Spain**
- D) Portugal

9. What are the three sisters in Indigenous North American agriculture?

- A) Wheat, barley, oats
- B) Corn, beans, squash**
- C) Rice, soy, peas
- D) Potato, tomato, pepper

10. Which region of the world is known for the production of Feta cheese?

- A) France
- B) Greece**
- C) Germany
- D) Italy

11. In which country is the tea ceremony, or 'Chanoyu', a significant cultural practice?

- A) Japan**
- B) Vietnam
- C) India
- D) Nepal

12. What is the primary ingredient in the Middle Eastern dip known as 'Hummus'?

- A) Black beans
- B) Lentils
- C) Chickpeas**
- D) Kidney beans

13. Which major religion strictly prohibits the consumption of pork?

- A) Hinduism
- B) Islam**
- C) Buddhism
- D) Sikhism

14. Couscous is a staple food most commonly associated with which region?

- A) Northern Africa**
- B) Southern Africa
- C) South America
- D) Central Europe

15. What is the traditional Japanese soup made from fermented soybean paste called?

- A) Miso**
- B) Dashi
- C) Ramen
- D) Udon