

Arnis Quiz: History, Techniques, and Terminology

Filipino Martial Arts · Answer Key · 24 Questions

1. Who fought and defeated Ferdinand Magellan?

- A) Lapu-Lapu**
- B) Miguel de Legaspi
- C) Remy Amador Presas
- D) Dionisio Canete

2. In what year did Ferdinand Magellan first land in Homonhon?

- A) 1519**
- B) 1521
- C) 1564
- D) 1920

3. What is the name of the battle where Lapu-Lapu defeated Ferdinand Magellan?

- A) Battle of Manila
- B) Battle of Mactan**
- C) Battle of Leyte Gulf
- D) Battle of Abuyog

4. What date is the Battle of Mactan associated with?

- A) April 27, 1521**
- B) April 27, 1564
- C) August 11, 1989
- D) July 1986

5. What are the '3 Gs' that motivated European explorers?

- A) Grit, Grace, Glory
- B) God, Gold, Glory**
- C) Generosity, Goodness, Growth
- D) Guidance, Growth, Generosity

6. Who was the Spanish navigator and warrior who landed in Abuyog, Leyte in April 1564?

- A) Ferdinand Magellan
- B) Lapu-Lapu
- C) Miguel de Legaspi**
- D) Dionisio Canete

7. Miguel de Legaspi met a warrior chief named Tupas on which island?

- A) Homonhon
- B) Abuyog
- C) Sugbo**
- D) Cebu

8. What does the term 'Indiok' mean?

- A) Warrior
- B) Navigator
- C) Uncivilized**
- D) Gold

9. What was the original name of the fighting art that developed into Arnis?

- A) Eskrima
- B) Kali**
- C) Arnis de mano
- D) Estokada

10. Due to strong Spanish influence, the art became known as:

- A) Kali
- B) Eskrima
- C) Arnis de mano**
- D) Fraile

11. Which of these was NOT an original name or term associated with Arnis de mano?

- A) Estokada
- B) Estoque
- C) Fraile
- D) Arnes**

12. Native Filipinos used pieces of wood like 'bahi' or 'kamagong', and bamboo-like materials such as:

- A) Rattan or Oway**
- B) Bahi or Kamagong
- C) Olisi or Baston
- D) Daga or Baraw

13. In 1873, the fighting system was renamed 'Arnis', derived from the word 'arnes' which means:

- A) Blunt instruments
- B) Fan-like motions
- C) Colorful trapping on defensive armors**
- D) Weaving motion

14. The word 'Eskrima' is derived from a Spanish word meaning:

- A) A fan-like motion
- B) A game between two combatants with blunt instruments**
- C) A hook strike
- D) A weaving motion

15. During which period was Eskrima popularized in the Philippines with the establishment of the Labangan Fencing Club?

- A) Spanish period
- B) American period**
- C) Japanese period
- D) Pre-colonial period

16. The Labangan Fencing Club, the first arnis organization, was established in what year?

- A) 1931
- B) 1920**
- C) 1932
- D) 1976

17. Who founded the Doce Pares Club in 1932?

- A) Remy Amador Presas
- B) Dionisio Canete
- C) Eulogio Canete**
- D) Miguel de Legaspi

18. What is the primary aim of the National Arnis Association of the Philippines (NARAPHIL)?

- A) To promote Filipino culture
- B) To unite all arnis groups in the Philippines**
- C) To establish international Arnis competitions
- D) To develop new Arnis techniques

19. Arnis Philippines (ARPHI) was formed in July 1986 with the objective to:

- A) Only preserve Arnis
- B) Promote, preserve, propagate, and regain popularity of Arnis**
- C) Focus on competitive Arnis
- D) Teach only self-defense techniques

20. The First Asian Martial Arts Festival was held in Manila in what year?

- A) 1979
- B) 1989
- C) 1976**
- D) 1976

21. The First National Arnis Festival took place in which city?

- A) Manila
- B) Cebu City**
- C) Abuyog
- D) Leyte

22. The First World Eskrima Kali Arnis Championship was held in Manila on August 11-13 of what year?

- A) 1979
- B) 1986
- C) 1989**
- D) 2009

23. Who approved the establishment of the World Eskrima Kali Arnis Federation (WEKAF)?

- A) Remy Amador Presas
- B) Eulogio Canete
- C) Dionisio "Diony" Canete**
- D) Gloria Macapagal Arroyo

24. Who is recognized as the 'Father of Modern Arnis'?

- A) Dionisio Canete
- B) Miguel de Legaspi
- C) Remy Amador Presas**
- D) Eulogio Canete