

Human Physiology in Automotive Engineering

Automotive Technology · Practice Test · 25 Questions

1. Which specific physiological threshold is used in automotive crash testing to define the HIC (Head Injury Criterion) for a 50th percentile male?

- A) The duration of deceleration pulse in milliseconds
- B) The integrated acceleration of the head over a specific time interval
- C) The peak force exerted on the zygomatic arch
- D) The rate of change in intracranial pressure during impact

2. During high-G maneuvers, what is the primary physiological mechanism that causes 'grey-out' in test drivers?

- A) Peripheral vasoconstriction of the retina
- B) Reduction in cerebral perfusion pressure
- C) Hyperventilation leading to hypocapnia
- D) Vagus nerve stimulation via carotid sinus pressure

3. In automotive ergonomics, the 'H-point' refers to which anatomical feature of the vehicle occupant?

- A) The pivot point of the hip joint
- B) The highest point of the parietal bone
- C) The center of gravity of the human torso
- D) The height of the cervical spine relative to the headrest

4. What is the typical maximum frequency range for Whole-Body Vibration (WBV) that causes the most significant discomfort to the human lumbar spine in vehicles?

- A) 0.5 to 80 Hz
- B) 100 to 500 Hz
- C) 0.01 to 0.1 Hz
- D) 1000 to 5000 Hz

5. Which physiological metric is most commonly measured to assess driver cognitive load during complex automotive HMI interactions?

- A) Galvanic Skin Response (GSR)
- B) Heart Rate Variability (HRV)
- C) Electromyography (EMG) of the masseter muscle
- D) Serum cortisol levels

6. What is the primary risk of 'submarining' during a high-speed frontal impact in a vehicle?

- A) Compression of the iliac arteries
- B) Laceration of the liver by the lap belt
- C) Dislocation of the sacroiliac joint
- D) Fracture of the femur against the dashboard

7. The TNO-10 dummy was specifically designed to measure which aspect of human health during automotive side-impact collisions?

- A) Thoracic rib deflection
- B) Pelvic rotation velocity
- C) Cervical spine shear force
- D) Abdominal organ displacement

8. In long-haul automotive seating, what is the 'ischiatric tuberosity' loading limit, beyond which tissue necrosis begins to pose a risk?

- A) 25 mmHg
- B) 32 mmHg
- C) 45 mmHg
- D) 60 mmHg

9. Which sensory system is primarily responsible for the conflict known as 'motion sickness' in autonomous vehicles?

- A) The proprioceptive system
- B) The vestibular system
- C) The somatosensory cortex
- D) The olfactory system

10. What is the average acceleration threshold at which the human sternum begins to suffer structural rib fractures in a modern seatbelt-restrained environment?

- A) 40 Gs
- B) 60 Gs
- C) 90 Gs
- D) 120 Gs

11. Which physiological state is indicated by a decrease in the Alpha-to-Theta power ratio in EEG data during long-term driving?

- A) Heightened sympathetic arousal
- B) Onset of cognitive fatigue
- C) Maximum alertness
- D) REM sleep transition

12. What is the primary function of the 'deformable barrier' in crash testing regarding human occupant safety?

- A) To simulate the elasticity of human soft tissue
- B) To manage the energy pulse transmitted to the occupant
- C) To prevent the vehicle from rotating upon impact
- D) To simulate the deformation of an opposing vehicle's frame

13. The 'N-k' criterion in automotive testing is a combined measure of what?

- A) Neck force and neck moment
- B) Nerve conduction and kinetic energy
- C) Nasal bone fracture and kidney stress
- D) None of the above

14. Which anatomical structure is most vulnerable to injury during a 'whiplash' event in a rear-end collision?

- A) C5-C6 cervical vertebrae
- B) C1-C2 atlanto-axial joint
- C) Thoracic outlet nerves
- D) Sternocleidomastoid muscle insertion

15. Why do automotive manufacturers prioritize minimizing 'transmissibility' in seat design?

- A) To prevent the amplification of floor vibration to the human viscera
- B) To reduce the amount of heat transfer to the occupant
- C) To lower the acoustic resonance within the cabin
- D) To stabilize the driver's visual focus during braking

16. What physiological phenomenon describes the delay between a stimulus and the physical application of the brakes by a human driver?

- A) Psychomotor latency
- B) Synaptic drift
- C) Proprioceptive inhibition
- D) Reflex arc suppression

17. Which part of the human eye is most affected by high-intensity strobe lighting often used in automotive emergency vehicle alerts?

- A) Fovea centralis
- B) Rod cells in the periphery
- C) The crystalline lens
- D) The choroid layer

18. What is the function of the 'chestband' used in biomechanical crash testing?

- A) To measure thoracic deformation over time
- B) To monitor heart rate during impact
- C) To restrain the shoulder girdle
- D) To assess lung capacity post-crash

19. In the context of vehicle ergonomics, what is the '95th percentile male' standard based on?

- A) Stature and mass distribution
- B) Reflex speed and reaction time
- C) Bone density and collagen elasticity
- D) Maximum reach and visual field

20. Which specific spinal region is most susceptible to injury during vertical loading in a vehicle undergoing an air-borne impact?

- A) Thoracolumbar junction (T11-L2)
- B) Cervical spine (C3-C5)
- C) Sacral spine (S1-S3)
- D) Coccygeal region

21. The 'COZ' (Clearance Offset Zone) in interior vehicle design is intended to prevent contact between the driver's head and which component?

- A) The B-pillar
- B) The steering column
- C) The headliner
- D) The side curtain airbag housing

22. What biochemical marker in the blood is often studied to determine the physical stress levels of professional rally drivers post-race?

- A) Creatine kinase
- B) Aspartate aminotransferase
- C) Lactate dehydrogenase
- D) All of the above

23. Which sensory organ's function is significantly degraded when the 'stapedial reflex' is triggered by loud engine noise?

- A) The cochlea
- B) The semicircular canals
- C) The tympanic membrane
- D) The utricle

24. What is the primary cause of 'visceral organ displacement' in high-deceleration automotive accidents?

- A) Differential inertia of soft tissues versus the skeletal frame
- B) Excessive blood pressure spike
- C) Rapid deflation of the lungs
- D) Muscular contraction of the diaphragm

25. How does prolonged exposure to low-frequency noise (below 20 Hz) in heavy vehicles affect human physiological health?

- A) It induces resonance in the abdominal organs
- B) It causes immediate hearing loss
- C) It forces rapid fluctuations in blood pH
- D) It inhibits the secretion of melatonin