

# Grand Nursing Theories: Abdellah, Henderson, Pender, and Leininger

Nursing Theory · Practice Test · 10 Questions

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## 1. Which theorist developed the typology of 21 nursing problems?

- A) Virginia Henderson
- B) Faye Glenn Abdellah
- C) Nola J. Pender
- D) Madeleine Leininger

## 2. What is the primary goal of nursing according to Virginia Henderson?

- A) To cure the patient's disease
- B) To assist the patient to gain independence
- C) To focus on health promotion only
- D) To manage hospital resources

## 3. Nola Pender's Health Promotion Model focuses on which of the following?

- A) Preventing illness
- B) Treating chronic disease
- C) Enhancing health potential
- D) Managing acute trauma

## 4. What is the core focus of Madeleine Leininger's theory?

- A) Patient-centered problem solving
- B) Transcultural nursing care
- C) Biological health factors
- D) Patient independence

## 5. In Leininger's theory, what is the 'Emic' perspective?

- A) The nurse's professional view
- B) The universal view of care
- C) The patient's insider view
- D) The standardized medical view

## 6. According to Abdellah, what is the 'sustenal' care need?

- A) Emotional support
- B) Physiological function maintenance
- C) Rehabilitative therapy
- D) Social interaction

**7. Which of the following is NOT one of Henderson's three levels of nurse-patient relationships?**

- A) Substitute
- B) Helper
- C) Partner
- D) Dictator

**8. What is the difference between health promotion and health protection?**

- A) Promotion moves toward positive well-being; protection moves away from negative states
- B) Promotion is for hospitals; protection is for homes
- C) Promotion is for nurses; protection is for doctors
- D) There is no difference

**9. Leininger's 'Culture Care Repatterning' refers to:**

- A) Ignoring patient culture
- B) Helping a client modify a harmful cultural practice
- C) Maintaining all cultural practices
- D) Applying one culture to everyone

**10. Abdellah's definition of health is:**

- A) The absence of disease
- B) A state with no unmet needs
- C) The ability to work
- D) Complete physical fitness