

Grand Nursing Theories: Abdellah, Henderson, Pender, and Leininger

Nursing Theory · Answer Key · 10 Questions

1. Which theorist developed the typology of 21 nursing problems?

- A) Virginia Henderson
- B) Faye Glenn Abdellah**
- C) Nola J. Pender
- D) Madeleine Leininger

2. What is the primary goal of nursing according to Virginia Henderson?

- A) To cure the patient's disease
- B) To assist the patient to gain independence**
- C) To focus on health promotion only
- D) To manage hospital resources

3. Nola Pender's Health Promotion Model focuses on which of the following?

- A) Preventing illness
- B) Treating chronic disease
- C) Enhancing health potential**
- D) Managing acute trauma

4. What is the core focus of Madeleine Leininger's theory?

- A) Patient-centered problem solving
- B) Transcultural nursing care**
- C) Biological health factors
- D) Patient independence

5. In Leininger's theory, what is the 'Emic' perspective?

- A) The nurse's professional view
- B) The universal view of care
- C) The patient's insider view**
- D) The standardized medical view

6. According to Abdellah, what is the 'sustenal' care need?

- A) Emotional support
- B) Physiological function maintenance**
- C) Rehabilitative therapy
- D) Social interaction

7. Which of the following is NOT one of Henderson's three levels of nurse-patient relationships?

- A) Substitute
- B) Helper
- C) Partner
- D) Dictator**

8. What is the difference between health promotion and health protection?

- A) Promotion moves toward positive well-being; protection moves away from negative states**
- B) Promotion is for hospitals; protection is for homes
- C) Promotion is for nurses; protection is for doctors
- D) There is no difference

9. Leininger's 'Culture Care Repatterning' refers to:

- A) Ignoring patient culture
- B) Helping a client modify a harmful cultural practice**
- C) Maintaining all cultural practices
- D) Applying one culture to everyone

10. Abdellah's definition of health is:

- A) The absence of disease
- B) A state with no unmet needs**
- C) The ability to work
- D) Complete physical fitness