

Grand Nursing Theories: Peplau, Orlando, Travelbee, and Hall

Nursing Theory · Practice Test · 15 Questions

1. What characterizes a Grand Nursing Theory according to McEwen & Wills?

- A) It is a narrow theory focused on specific tasks
- B) It is the most complex and broadest scope of nursing theory
- C) It is a theory that has been disproven by modern science
- D) It is a theory only applicable to psychiatric patients

2. Who is recognized as the 'Mother of Psychiatric Nursing'?

- A) Ida Jean Orlando
- B) Joyce Travelbee
- C) Hildegard E. Peplau
- D) Lydia E. Hall

3. In Peplau's theory, which phase involves the patient identifying with the nurse and building trust?

- A) Orientation
- B) Identification
- C) Exploitation
- D) Resolution

4. Which of Peplau's roles involves the nurse serving as a substitute for a parent or sibling?

- A) Stranger
- B) Teacher
- C) Surrogate
- D) Counselor

5. What is the core belief of Ida Jean Orlando's Nursing Process Theory?

- A) Nurses should focus on medical diagnosis
- B) The nurse must identify and meet the patient's immediate need for help
- C) Nursing is primarily about hospital administration
- D) The environment is the most important factor in recovery

6. In Orlando's theory, what does the nurse's 'reaction' consist of?

- A) Perception, thought, and feeling
- B) Routine, procedure, and schedule
- C) Diagnosis, treatment, and medication
- D) Observation, documentation, and reporting

7. Which type of nursing action is decided upon after validating a need with the patient?

- A) Automatic action
- B) Deliberative action
- C) Routine action
- D) Delegated action

8. Travelbee's Human-to-Human Relationship Model was influenced by which philosophy?

- A) Existentialism
- B) Behaviorism
- C) Rationalism
- D) Functionalism

9. In Travelbee's theory, which phase involves the nurse conceptually stepping into the patient's shoes?

- A) Original Encounter
- B) Emerging Identities
- C) Empathy
- D) Sympathy

10. According to Travelbee, what is the 'culmination' of the nurse-patient relationship?

- A) Original Encounter
- B) Empathy
- C) Sympathy
- D) Rapport

11. Lydia Hall's 'Core, Cure, Care' model emphasizes that professional nurses have exclusive domain over which circle?

- A) Core
- B) Cure
- C) Care
- D) Self-actualization

12. What does the 'Core' circle represent in Hall's model?

- A) The patient's disease
- B) The patient's body
- C) The patient's inner person
- D) The patient's environment

13. In Hall's model, what is the primary focus of the 'Cure' circle?

- A) Intimate bodily care
- B) Medical interventions and pathology
- C) The patient's feelings
- D) Teaching self-awareness

14. According to Peplau, what is the function of the 'Stranger' role?

- A) To provide medical answers
- B) To provide an accepting climate that builds trust
- C) To direct the interaction
- D) To teach the patient

15. What does Travelbee define as a 'faith that can and will be a change that would bring something better'?

- A) Empathy
- B) Hope
- C) Meaning
- D) Sympathy