

Basketball Fundamentals Quiz

Basketball · Practice Test · 20 Questions

1. How many players from each team are allowed on the court at one time during a standard basketball game?

- A) 4
- B) 5
- C) 6
- D) 7

2. In standard basketball, how many points is a successful basket shot from behind the arc worth?

- A) 1
- B) 2
- C) 3
- D) 4

3. What is the name of the organization that serves as the top professional basketball league in the United States and Canada?

- A) NBA
- B) FIFA
- C) NFL
- D) MLB

4. Which piece of equipment is used to move the ball around the court?

- A) Bat
- B) Racket
- C) Dribbling
- D) Stick

5. What happens when a player takes too many steps without dribbling the ball?

- A) Foul
- B) Traveling
- C) Technical
- D) Time-out

6. What is the height of a standard professional basketball hoop from the floor?

- A) 8 feet
- B) 9 feet
- C) 10 feet
- D) 11 feet

7. Which action involves jumping to catch the ball after a missed shot?

- A) Rebounding
- B) Dunking
- C) Passing
- D) Stealing

8. What is the penalty for a standard free throw?

- A) 1 point
- B) 2 points
- C) 3 points
- D) 5 points

9. Who invented the game of basketball in 1891?

- A) Michael Jordan
- B) James Naismith
- C) Wilt Chamberlain
- D) Kobe Bryant

10. What is the rectangular board behind the basketball hoop called?

- A) Net
- B) Rim
- C) Backboard
- D) Court

11. A game begins with which action at center court?

- A) Throw-in
- B) Jump ball
- C) Penalty kick
- D) Free throw

12. What is the term for stealing the ball from an opponent?

- A) Assist
- B) Block
- C) Steal
- D) Turnover

13. How many quarters are in a standard NBA basketball game?

- A) 2
- B) 3
- C) 4
- D) 5

14. What is it called when a player forcefully puts the ball directly into the hoop from above?

- A) Dunk
- B) Layup
- C) Hook shot
- D) Bank shot

15. What is the name of the line from which players shoot free throws?

- A) Three-point line
- B) Baseline
- C) Free-throw line
- D) Mid-court line

16. A basketball game is played on a surface known as a what?

- A) Pitch
- B) Field
- C) Court
- D) Arena

17. If a player hits the arm of an opponent while they are shooting, what is typically called?

- A) Foul
- B) Violation
- C) Steal
- D) Travel

18. Which team position is typically responsible for directing the offense?

- A) Point guard
- B) Center
- C) Power forward
- D) Small forward

19. How many points is a standard field goal made inside the arc worth?

- A) 1
- B) 2
- C) 3
- D) 4

20. What material was originally used as the hoops in the first basketball games?

- A) Metal rings
- B) Peach baskets
- C) Plastic hoops
- D) Wooden buckets