

Basketball Fundamentals Quiz

Basketball · Answer Key · 20 Questions

1. How many players from each team are allowed on the court at one time during a standard basketball game?

- A) 4
- B) 5**
- C) 6
- D) 7

2. In standard basketball, how many points is a successful basket shot from behind the arc worth?

- A) 1
- B) 2
- C) 3**
- D) 4

3. What is the name of the organization that serves as the top professional basketball league in the United States and Canada?

- A) NBA**
- B) FIFA
- C) NFL
- D) MLB

4. Which piece of equipment is used to move the ball around the court?

- A) Bat
- B) Racket
- C) Dribbling**
- D) Stick

5. What happens when a player takes too many steps without dribbling the ball?

- A) Foul
- B) Traveling**
- C) Technical
- D) Time-out

6. What is the height of a standard professional basketball hoop from the floor?

- A) 8 feet
- B) 9 feet
- C) 10 feet**
- D) 11 feet

7. Which action involves jumping to catch the ball after a missed shot?

A) Rebounding

B) Dunking

C) Passing

D) Stealing

8. What is the penalty for a standard free throw?

A) 1 point

B) 2 points

C) 3 points

D) 5 points

9. Who invented the game of basketball in 1891?

A) Michael Jordan

B) James Naismith

C) Wilt Chamberlain

D) Kobe Bryant

10. What is the rectangular board behind the basketball hoop called?

A) Net

B) Rim

C) Backboard

D) Court

11. A game begins with which action at center court?

A) Throw-in

B) Jump ball

C) Penalty kick

D) Free throw

12. What is the term for stealing the ball from an opponent?

A) Assist

B) Block

C) Steal

D) Turnover

13. How many quarters are in a standard NBA basketball game?

A) 2

B) 3

C) 4

D) 5

14. What is it called when a player forcefully puts the ball directly into the hoop from above?

- A) Dunk**
- B) Layup
- C) Hook shot
- D) Bank shot

15. What is the name of the line from which players shoot free throws?

- A) Three-point line
- B) Baseline
- C) Free-throw line**
- D) Mid-court line

16. A basketball game is played on a surface known as a what?

- A) Pitch
- B) Field
- C) Court**
- D) Arena

17. If a player hits the arm of an opponent while they are shooting, what is typically called?

- A) Foul**
- B) Violation
- C) Steal
- D) Travel

18. Which team position is typically responsible for directing the offense?

- A) Point guard**
- B) Center
- C) Power forward
- D) Small forward

19. How many points is a standard field goal made inside the arc worth?

- A) 1
- B) 2**
- C) 3
- D) 4

20. What material was originally used as the hoops in the first basketball games?

A) Metal rings

B) Peach baskets

C) Plastic hoops

D) Wooden buckets