

Fundamentals of Global Gastronomy

Gastronomy · Practice Test · 25 Questions

1. Which country is traditionally credited with the invention of pizza?

- A) France
- B) Italy
- C) Greece
- D) Spain

2. What is the primary ingredient in traditional Japanese miso soup?

- A) Fermented soybean paste
- B) Fish stock
- C) Rice flour
- D) Seaweed

3. Which common spice is derived from the dried stigmas of the *Crocus sativus* flower?

- A) Cinnamon
- B) Paprika
- C) Saffron
- D) Turmeric

4. What is the main ingredient used to make authentic guacamole?

- A) Peas
- B) Avocado
- C) Zucchini
- D) Green beans

5. Which of these is a staple grain used to make risotto?

- A) Basmati rice
- B) Arborio rice
- C) Jasmine rice
- D) Wild rice

6. What is the key ingredient in a traditional Greek tzatziki sauce?

- A) Mayonnaise
- B) Yogurt
- C) Sour cream
- D) Hummus

7. From which country does the dish 'Sushi' originate?

- A) China
- B) Japan
- C) South Korea
- D) Thailand

8. Which fruit is botanically classified as a berry?

- A) Strawberry
- B) Banana
- C) Cherry
- D) Apple

9. What type of food is a 'Brie'?

- A) Meat
- B) Cheese
- C) Bread
- D) Vegetable

10. Which process is used to turn grapes into wine?

- A) Pasteurization
- B) Fermentation
- C) Distillation
- D) Crystallization

11. What is the main ingredient in the Indian dish 'Dal'?

- A) Lentils
- B) Potatoes
- C) Chicken
- D) Rice

12. Which vegetable is used to make traditional sauerkraut?

- A) Cabbage
- B) Lettuce
- C) Spinach
- D) Kale

13. What is the primary ingredient in authentic hummus?

- A) Black beans
- B) Chickpeas
- C) Lentils
- D) Peas

14. Which country is famous for the dish 'Paella'?

- A) Portugal
- B) Spain
- C) Mexico
- D) Italy

15. What is the base ingredient for chocolate?

- A) Coffee beans
- B) Cacao beans
- C) Vanilla beans
- D) Soybeans

16. Which type of pasta is shaped like small rice grains?

- A) Penne
- B) Orzo
- C) Fusilli
- D) Farfalle

17. What is the primary liquid used to make a traditional béchamel sauce?

- A) Water
- B) Milk
- C) Stock
- D) Cream

18. Which of these is a citrus fruit?

- A) Grape
- B) Blueberry
- C) Lemon
- D) Plum

19. What is the main ingredient in traditional tofu?

- A) Soybeans
- B) Almonds
- C) Wheat
- D) Potatoes

20. Which country is known for the dish 'Croissant'?

- A) Germany
- B) France
- C) Belgium
- D) Austria

21. What is the main component of a traditional meringue?

- A) Egg whites
- B) Flour
- C) Butter
- D) Cornstarch

22. Which herb is essential for making traditional Italian pesto?

- A) Cilantro
- B) Basil
- C) Parsley
- D) Rosemary

23. What is the primary ingredient in traditional bread dough?

- A) Rice
- B) Corn
- C) Wheat flour
- D) Oats

24. Which region is world-renowned for producing Parmesan cheese?

- A) Parma, Italy
- B) Lyon, France
- C) Madrid, Spain
- D) Munich, Germany

25. What is the main ingredient of traditional soy sauce?

- A) Soybeans
- B) Peanuts
- C) Barley
- D) Corn