

Fundamentals of Global Gastronomy

Gastronomy · Answer Key · 25 Questions

1. Which country is traditionally credited with the invention of pizza?

- A) France
- B) Italy**
- C) Greece
- D) Spain

2. What is the primary ingredient in traditional Japanese miso soup?

- A) Fermented soybean paste**
- B) Fish stock
- C) Rice flour
- D) Seaweed

3. Which common spice is derived from the dried stigmas of the *Crocus sativus* flower?

- A) Cinnamon
- B) Paprika
- C) Saffron**
- D) Turmeric

4. What is the main ingredient used to make authentic guacamole?

- A) Peas
- B) Avocado**
- C) Zucchini
- D) Green beans

5. Which of these is a staple grain used to make risotto?

- A) Basmati rice
- B) Arborio rice**
- C) Jasmine rice
- D) Wild rice

6. What is the key ingredient in a traditional Greek tzatziki sauce?

- A) Mayonnaise
- B) Yogurt**
- C) Sour cream
- D) Hummus

7. From which country does the dish 'Sushi' originate?

- A) China
- B) Japan**
- C) South Korea
- D) Thailand

8. Which fruit is botanically classified as a berry?

- A) Strawberry
- B) Banana**
- C) Cherry
- D) Apple

9. What type of food is a 'Brie'?

- A) Meat
- B) Cheese**
- C) Bread
- D) Vegetable

10. Which process is used to turn grapes into wine?

- A) Pasteurization
- B) Fermentation**
- C) Distillation
- D) Crystallization

11. What is the main ingredient in the Indian dish 'Dal'?

- A) Lentils**
- B) Potatoes
- C) Chicken
- D) Rice

12. Which vegetable is used to make traditional sauerkraut?

- A) Cabbage**
- B) Lettuce
- C) Spinach
- D) Kale

13. What is the primary ingredient in authentic hummus?

- A) Black beans
- B) Chickpeas**
- C) Lentils
- D) Peas

14. Which country is famous for the dish 'Paella'?

- A) Portugal
- B) Spain**
- C) Mexico
- D) Italy

15. What is the base ingredient for chocolate?

- A) Coffee beans
- B) Cacao beans**
- C) Vanilla beans
- D) Soybeans

16. Which type of pasta is shaped like small rice grains?

- A) Penne
- B) Orzo**
- C) Fusilli
- D) Farfalle

17. What is the primary liquid used to make a traditional béchamel sauce?

- A) Water
- B) Milk**
- C) Stock
- D) Cream

18. Which of these is a citrus fruit?

- A) Grape
- B) Blueberry
- C) Lemon**
- D) Plum

19. What is the main ingredient in traditional tofu?

- A) Soybeans**
- B) Almonds
- C) Wheat
- D) Potatoes

20. Which country is known for the dish 'Croissant'?

- A) Germany
- B) France**
- C) Belgium
- D) Austria

21. What is the main component of a traditional meringue?

A) Egg whites

B) Flour

C) Butter

D) Cornstarch

22. Which herb is essential for making traditional Italian pesto?

A) Cilantro

B) Basil

C) Parsley

D) Rosemary

23. What is the primary ingredient in traditional bread dough?

A) Rice

B) Corn

C) Wheat flour

D) Oats

24. Which region is world-renowned for producing Parmesan cheese?

A) Parma, Italy

B) Lyon, France

C) Madrid, Spain

D) Munich, Germany

25. What is the main ingredient of traditional soy sauce?

A) Soybeans

B) Peanuts

C) Barley

D) Corn