

Germ Busters!

Epidemiology · Answer Key · 20 Questions

1. What do we wash off our hands with soap and water to help us stay healthy?

- A) Sparkles
- B) Germs**
- C) Rainbows
- D) Toys

2. When someone coughs or sneezes, tiny droplets that can carry germs fly into the air. What should you do to cover your mouth?

- A) Cover with your hands
- B) Cover with your elbow**
- C) Cover with your feet
- D) Cover with your head

3. Germs are very small, so we can't see them without a special tool called a microscope. What are germs like?

- A) Big monsters
- B) Tiny living things**
- C) Fairy dust
- D) Bouncing balls

4. If you have a cold, what can help your body fight off the germs and feel better?

- A) Eating lots of candy
- B) Getting lots of sleep and drinking water**
- C) Playing video games all day
- D) Staying up late

5. When lots of people in a town get sick with the same illness at the same time, it's called an ____.

- A) A party
- B) An outbreak**
- C) A parade
- D) A sleepover

6. To stop germs from spreading, it's a good idea to avoid touching your ____ with unwashed hands.

- A) Shoes
- B) Ears
- C) Eyes, nose, and mouth**
- D) Backpack

7. What is something important we do to clean our hands when soap and water are not available?

- A) Rubbing them on our clothes
- B) Using a special hand sanitizer**
- C) Wiping them on a tissue
- D) Blowing on them

8. Eating healthy foods like fruits and vegetables helps your body to be strong and fight off ____.

- A) Happy thoughts
- B) Germs**
- C) Laughter
- D) Sunshine

9. If your friend is sick, what is a good way to show you care without spreading germs?

- A) Giving them a big hug
- B) Sharing your toys with them
- C) Waving and smiling from a distance**
- D) Sneezing on them

10. When we get a shot from a doctor, it can help our body build defenses against certain ____.

- A) Silly jokes
- B) Diseases**
- C) Songs
- D) Stories

11. Germs can spread easily on things that many people touch, like door knobs and toys. What should we do to these things sometimes?

- A) Decorate them
- B) Clean them**
- C) Hide them
- D) Paint them

12. What is a common symptom of a cold or flu that makes you feel sick?

- A) Feeling super energetic
- B) Having a runny nose**
- C) Wanting to sing loudly
- D) Needing to dance

13. When we are sick, it's best to stay home from school to avoid sharing our _____ with our friends.

A) Snacks

B) Germs

C) Pencil cases

D) Lunch boxes

14. Brushing your teeth helps to keep your mouth clean and free from _____.

A) Sugar bugs

B) Dreams

C) Imagination

D) Friendship

15. What is one of the best ways to stop germs from making us sick?

A) Eating only cookies

B) Washing our hands often

C) Wearing a superhero cape

D) Jumping up and down

16. Sometimes, doctors give special medicine to help fight off _____ that are making us very sick.

A) Happy feelings

B) Bad germs

C) Exciting games

D) Sunny days

17. When you sneeze, what should you try to catch the germs with?

A) Your open hands

B) A paper tissue or your elbow

C) Your hair

D) Your shoes

18. If you have a fever, it means your body temperature is _____.

A) Too cold

B) Too high

C) Just right

D) Wobbly

19. Sharing food or drinks can easily spread ____.

A) Hugs

B) Germs

C) High-fives

D) Smiles

20. What helps to make our bodies strong so they can fight off sickness?

A) Sitting still all day

B) Eating healthy food and exercising

C) Watching cartoons all day

D) Sleeping in late every day