

Basketball Basics: Knowledge Challenge

Basketball · Practice Test · 10 Questions

1. Which body part is primarily used to dribble a basketball?

- A) Elbow
- B) Knee
- C) Hand
- D) Foot

2. What is the standard colour of a regulation basketball used in most professional leagues?

- A) Black
- B) Blue
- C) Orange
- D) White

3. How many points is a standard field goal worth when scored from anywhere on the court inside the three-point line?

- A) 1 point
- B) 2 points
- C) 3 points
- D) 4 points

4. What is the name of the line on the basketball court that separates the two halves of the playing area?

- A) Baseline
- B) Sideline
- C) Free-throw line
- D) Half-court line

5. In basketball, what is the term for when a player throws the ball into the basket from a stationary position, without it touching the rim or backboard?

- A) Dunk
- B) Layup
- C) Swish
- D) Alley-oop

6. What is the maximum number of players from one team allowed on the court at any given time during a basketball game?

- A) 4
- B) 5
- C) 6
- D) 7

7. What part of the basketball hoop is a rectangular board behind the rim?

- A) Net
- B) Backboard
- C) Rim
- D) Pole

8. Which of these is NOT a fundamental skill in basketball?

- A) Shooting
- B) Dribbling
- C) Tackling
- D) Passing

9. What is the primary objective of the game of basketball?

- A) To run the furthest
- B) To score more points than the opposing team
- C) To catch the ball and hold it
- D) To score tries

10. What is the name of the player who usually initiates the team's offense and directs the plays?

- A) Center
- B) Forward
- C) Guard
- D) Coach