

Introduction to Social Psychology

Social Psychology · Practice Test · 15 Questions

1. What is the term for the tendency to follow the actions or beliefs of a group to fit in?

- A) Conformity
- B) Cognitive dissonance
- C) Altruism
- D) Stereotyping

2. Who is the psychologist famous for the 1961 'Bobo doll' experiment on observational learning?

- A) Sigmund Freud
- B) Albert Bandura
- C) B.F. Skinner
- D) Ivan Pavlov

3. What is the 'bystander effect'?

- A) The tendency to help strangers
- B) The tendency for people to be less likely to offer help when others are present
- C) The act of staring at others in public
- D) The practice of avoiding social gatherings

4. What does 'cognitive dissonance' refer to?

- A) The ability to memorize lists
- B) The discomfort felt when holding two conflicting beliefs
- C) The process of learning a new language
- D) The physical reaction to loud noise

5. Which term describes a fixed, oversimplified belief about a particular group of people?

- A) Empathy
- B) Stereotype
- C) Altruism
- D) Self-esteem

6. What is 'prosocial behavior' defined as?

- A) Behavior intended to help others
- B) Behavior intended to cause harm
- C) Behavior that is strictly illegal
- D) Behavior performed only for money

7. In social psychology, what is 'social facilitation'?

- A) Being afraid of crowds
- B) Improved performance on simple tasks when in the presence of others
- C) The ability to read body language
- D) The process of making new friends

8. What is the 'fundamental attribution error'?

- A) Overestimating personal traits and underestimating situational factors when judging others
- B) Always blaming yourself for mistakes
- C) The fear of public speaking
- D) The belief that everyone is watching you

9. Which psychological concept describes our need to feel good about ourselves through our group memberships?

- A) Social Identity Theory
- B) Individualism
- C) Personality disorder
- D) Classical conditioning

10. What is 'in-group bias'?

- A) The tendency to favor members of one's own group
- B) The tendency to dislike everyone
- C) The preference for being alone
- D) The ability to join any club

11. What does the term 'deindividuation' refer to?

- A) The loss of self-awareness in groups
- B) The process of individual therapy
- C) The act of becoming famous
- D) The study of personal dreams

12. What is 'altruism'?

- A) Selfish behavior
- B) The selfless concern for the well-being of others
- C) A type of medical treatment
- D) The study of human history

13. What is 'social loafing'?

- A) Working harder in a group
- B) The tendency for individuals to exert less effort in a group than when working alone
- C) A method of studying for exams
- D) The act of procrastinating on chores

14. Which term describes the process of adjusting your behavior to match group standards?

- A) Normative social influence
- B) Introversion
- C) Aggression
- D) Logical reasoning

15. What is 'impression management'?

- A) The attempt to influence how others perceive us
- B) The art of painting portraits
- C) The skill of managing a budget
- D) The ability to remember names