

# Fundamentals of Psychiatry

Psychiatry · Practice Test · 10 Questions

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**1. Which neurotransmitter is most commonly associated with the regulation of mood and is a primary target for SSRI medications?**

- A) Dopamine
- B) Serotonin
- C) Acetylcholine
- D) Glutamate

**2. What is the name of the official manual used by mental health professionals in the United States to diagnose mental disorders?**

- A) ICD-11
- B) DSM-5-TR
- C) PDR
- D) Merck Manual

**3. Which brain structure is primarily involved in the processing of emotions, particularly fear and threat detection?**

- A) Amygdala
- B) Cerebellum
- C) Pons
- D) Medulla

**4. What is the clinical term for a persistent, irrational fear of a specific object or situation that leads to avoidance behavior?**

- A) Delusion
- B) Phobia
- C) Hallucination
- D) Mania

**5. In psychiatry, what does the term 'comorbidity' refer to?**

- A) The study of brain tumors
- B) The presence of two or more disorders in the same person
- C) The history of mental illness in a family
- D) A drug that treats two conditions at once

**6. Which of these is classified as a neurodevelopmental disorder?**

- A) Schizophrenia
- B) Bipolar Disorder
- C) Autism Spectrum Disorder
- D) Major Depressive Disorder

**7. What is the primary function of an antidepressant medication classified as an MAOI?**

- A) Inhibiting the breakdown of neurotransmitters
- B) Blocking dopamine receptors
- C) Increasing heart rate
- D) Sedating the central nervous system

**8. Which condition is characterized by cycles of extreme mood swings ranging from emotional highs to depressive lows?**

- A) Generalized Anxiety Disorder
- B) Bipolar Disorder
- C) Obsessive-Compulsive Disorder
- D) Post-Traumatic Stress Disorder

**9. What is the term for a fixed, false belief that is resistant to reason or confrontation with actual fact?**

- A) Illusion
- B) Hallucination
- C) Delusion
- D) Dissociation

**10. Which sleep disorder is characterized by a persistent difficulty with sleep onset, duration, or quality despite adequate opportunity for sleep?**

- A) Narcolepsy
- B) Insomnia
- C) Sleep Apnea
- D) Somnambulism