

Understanding Our Minds

Psychology · Answer Key · 10 Questions

1. When you feel happy, what part of your brain is usually working hard to make you smile?

- A) Your tummy
- B) Your nose
- C) Your brain**
- D) Your feet

2. If you see a sad face, what emotion are you most likely to think that person is feeling?

- A) Excited
- B) Confused
- C) Angry
- D) Sad**

3. When you learn something new, like how to tie your shoes, what part of your body helps you remember it?

- A) Your ears
- B) Your mouth
- C) Your brain**
- D) Your elbows

4. What do we call it when you share your toys with a friend?

- A) Being grumpy
- B) Being selfish
- C) Being kind**
- D) Being sleepy

5. If someone shouts and looks red in the face, what emotion are they likely feeling?

- A) Scared
- B) Happy
- C) Angry**
- D) Surprised

6. When you concentrate really hard on building a tall tower, which part of you is working the most?

- A) Your knees
- B) Your fingers
- C) Your mind**
- D) Your ears

7. What helps you understand how someone else might be feeling, even if they don't say it?

A) Imagination

B) Empathy

C) Super strength

D) Flying

8. When you see a surprise, what feeling often comes first?

A) Boredom

B) Excitement

C) Sadness

D) Tiredness

9. What is it called when you practice doing something over and over again to get better at it?

A) Forgetting

B) Giving up

C) Practicing

D) Sleeping

10. If you are scared of the dark, what might help you feel a little braver?

A) Closing your eyes tightly

B) Hiding under the bed

C) Having a night light or a grown-up nearby

D) Wishing it away