

Journey Through Mental Health History

Mental Health · Answer Key · 2 Questions

1. What did many ancient cultures commonly attribute mental illness to?

- A) Poor diet
- B) Demonic possession**
- C) Lack of education
- D) Unclean living conditions

2. Which ancient Greek physician proposed that mental illnesses had natural causes, not supernatural ones?

- A) Plato
- B) Aristotle
- C) Socrates
- D) Hippocrates**