

Culinary Milestones and Inventions

Food History · Answer Key · 8 Questions

1. Which ancient civilization is credited with the invention of leavened bread around 4,000 years ago?

- A) The Sumerians
- B) The Ancient Egyptians**
- C) The Indus Valley Civilization
- D) The Minoans

2. In 1869, who was awarded a prize by Napoleon III for developing a butter substitute known as margarine?

- A) Hippolyte Mège-Mouriès**
- B) Louis Pasteur
- C) Auguste Escoffier
- D) Nicolas Appert

3. What food preservation method did Nicolas Appert pioneer in the early 19th century to supply the French military?

- A) Freeze-drying
- B) Pasteurization
- C) Canning**
- D) Vacuum sealing

4. Which company is credited with inventing the first mass-produced frozen meal, known as the 'TV Dinner', in 1953?

- A) Birdseye
- B) Swanson**
- C) Stouffer's
- D) Hungry-Man

5. The first commercially available chocolate bar, created by J.S. Fry & Sons in 1847, was made by mixing cocoa butter back into what?

- A) Conched cocoa mass**
- B) Milk powder
- C) Glucose syrup
- D) Vanilla extract

6. What common kitchen appliance was invented by Percy Spencer in 1945 after he observed a chocolate bar melting near a magnetron?

- A) Induction cooktop
- B) Convection oven
- C) Microwave oven**
- D) Pressure cooker

7. In 1886, John Pemberton invented Coca-Cola in Atlanta. What was the original primary purpose of the drink's medicinal marketing?

- A) To treat digestive issues
- B) To serve as a nerve tonic**
- C) To cure insomnia
- D) To replace coffee consumption

8. What is considered the earliest recorded 'fast food' restaurant chain in history, established in Wichita, Kansas in 1921?

- A) McDonald's
- B) Burger King
- C) White Castle**
- D) A&W