

# Elementary Health Heroes: Medicine & Your Body

Medicine · Answer Key · 18 Questions

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## 1. What tool do doctors use to listen to your heartbeat and breathing?

- A) A microscope
- B) A stethoscope**
- C) A telescope
- D) A periscope

## 2. Which organ in your body pumps blood to all other parts?

- A) The brain
- B) The stomach
- C) The heart**
- D) The lungs

## 3. Why is it important to wash your hands with soap and water, especially before eating?

- A) To make them smell nice
- B) To dry them thoroughly
- C) To remove germs and dirt**
- D) To make them shine

## 4. What type of medical professional helps people with their teeth and gums?

- A) An optometrist
- B) A dentist**
- C) A pharmacist
- D) A vet

## 5. What is the main purpose of a vaccine?

- A) To make you sleepy
- B) To give you energy
- C) To help your body fight off serious diseases**
- D) To make your hair grow faster

## 6. Which of these foods is generally considered healthy for strong bones and teeth?

- A) Candy bars
- B) Soft drinks
- C) Milk and cheese**
- D) Potato chips

**7. What do your lungs help your body do?**

- A) See colours
- B) Hear sounds
- C) Pump blood

**D) Breathe air**

**8. If you get a small cut, what is a simple first aid item you might use to cover it?**

- A) A towel
- B) A plaster (band-aid)**
- C) A blanket
- D) A crayon

**9. Where do sick people often go to receive special care and treatment from doctors and nurses?**

- A) A library
- B) A cinema
- C) A hospital**
- D) A playground

**10. What is the main job of your brain?**

- A) To pump blood
- B) To help you chew food
- C) To help you think, learn, and control your body**
- D) To store extra food

**11. Why is getting enough sleep important for your health?**

- A) It helps you learn to fly
- B) It makes you taller instantly
- C) It helps your body rest, grow, and heal**
- D) It makes you want more candy

**12. What are tiny living things, like bacteria and viruses, that can sometimes make us sick called?**

- A) Planets
- B) Toys
- C) Germs**
- D) Clouds

**13. Which medical professional helps people who have trouble seeing by checking their eyes?**

- A) A chef
- B) A firefighter
- C) An optometrist**
- D) A construction worker

**14. What does regular exercise, like running or playing, do for your body?**

- A) Makes you tired quickly
- B) Makes your body weaker
- C) Makes your muscles and heart stronger**
- D) Makes you invisible

**15. What do doctors use an X-ray machine for?**

- A) To listen to your heart
- B) To see inside your body, like your bones**
- C) To make your hair grow
- D) To give you a massage

**16. What should you do if you feel unwell and need medicine?**

- A) Take any medicine you find
- B) Ask a friend for medicine
- C) Ask a trusted adult, like a parent or doctor**
- D) Eat a lot of candy

**17. What part of your body helps you digest food?**

- A) Your ears
- B) Your stomach**
- C) Your fingers
- D) Your hair

**18. What is the name of the emergency service that takes people to the hospital quickly when they are very sick or hurt?**

- A) A taxi service
- B) An ambulance service**
- C) A delivery service
- D) A bus service