

The Nervous System: Our Body's Control Center

Biology · Practice Test · 5 Questions

1. Which system acts as the body's control center?

- A) Digestive System
- B) Nervous System
- C) Respiratory System
- D) Skeletal System

2. The brain and spinal cord are central components of the:

- A) Endocrine System
- B) Cardiovascular System
- C) Nervous System
- D) Integumentary System

3. What is the main function of the nervous system?

- A) To transport oxygen
- B) To control and coordinate bodily functions
- C) To digest food
- D) To provide structural support

4. The nervous system uses what to transmit signals?

- A) Hormones
- B) Electrical and chemical signals
- C) Blood cells
- D) Antibodies

5. What is the basic functional unit of the nervous system?

- A) Nephron
- B) Neuron
- C) Alveoli
- D) Osteon