

Public Health for Young Learners

Public Health · Practice Test · 15 Questions

1. Which of these is a tiny germ that can only be seen with a powerful microscope?

- A) A house fly
- B) A virus
- C) A ladybug
- D) A spider

2. What is the main purpose of putting fluoride in drinking water?

- A) To add flavor
- B) To make water clear
- C) To prevent tooth decay
- D) To kill all fish

3. Which professional is specifically trained to help people get better when they are sick?

- A) A doctor
- B) A carpenter
- C) A florist
- D) A truck driver

4. What is the most effective way to remove germs from your hands?

- A) Waving them
- B) Using soap and water
- C) Wiping them on clothes
- D) Using a fan

5. Which of these is a common way that respiratory germs spread between people?

- A) Through soil
- B) Through coughing
- C) Through sunlight
- D) Through gravity

6. Why do people receive vaccines?

- A) To grow taller
- B) To learn faster
- C) To teach the body how to fight disease
- D) To change eye color

7. What is the primary role of a community health center?

- A) To sell toys
- B) To host birthday parties
- C) To provide medical care to the public
- D) To fix broken cars

8. Which of these habits helps keep teeth healthy?

- A) Eating candy all day
- B) Brushing twice a day
- C) Using a dry toothbrush
- D) Never visiting a dentist

9. What does a 'quarantine' period help do in public health?

- A) Make people tired
- B) Stop germs from spreading to others
- C) Make food taste better
- D) Help plants grow

10. Which group of people is often responsible for tracking how diseases move through a country?

- A) Epidemiologists
- B) Chefs
- C) Astronauts
- D) Architects

11. What is the best way to keep food from becoming unsafe to eat?

- A) Leaving it on the floor
- B) Keeping it at the right temperature
- C) Using old water
- D) Touching it with dirty hands

12. Why do public health officials encourage getting enough sleep?

- A) To dream about animals
- B) To help the immune system function well
- C) To save electricity
- D) To grow extra hair

13. What is the main goal of wearing a mask during an illness outbreak?

- A) To hide your face
- B) To block germs from entering the air
- C) To keep your nose warm
- D) To look fashionable

14. Which of these is a source of clean drinking water?

- A) A muddy pond
- B) A treated water supply system
- C) A swimming pool
- D) A salt water ocean

15. What is a 'pathogen'?

- A) A type of healthy snack
- B) A germ that can cause illness
- C) A medical tool
- D) A type of hospital building