

Gastronomy Basics

Gastronomy · Practice Test · 20 Questions

1. Which country is traditionally credited with the invention of pizza?

- A) France
- B) Italy
- C) Greece
- D) Spain

2. What is the main ingredient in traditional guacamole?

- A) Tomato
- B) Avocado
- C) Onion
- D) Lime

3. Which of these is a type of pasta shaped like small ribbons?

- A) Fettuccine
- B) Risotto
- C) Tempura
- D) Curry

4. From which plant do cocoa beans originate?

- A) Coffee plant
- B) Cacao tree
- C) Vanilla orchid
- D) Sugar cane

5. Which spice is known as the 'king of spices' and comes from dried berries?

- A) Cinnamon
- B) Black pepper
- C) Turmeric
- D) Ginger

6. Which cooking method involves submerging food in boiling water?

- A) Baking
- B) Grilling
- C) Boiling
- D) Frying

7. Sushi is a traditional dish from which country?

- A) China
- B) Thailand
- C) Japan
- D) South Korea

8. Which dairy product is produced by fermenting milk with bacteria?

- A) Yogurt
- B) Butter
- C) Honey
- D) Flour

9. What is the primary ingredient in hummus?

- A) Lentils
- B) Chickpeas
- C) Peas
- D) Beans

10. Which type of bread is typically associated with France?

- A) Pita
- B) Baguette
- C) Tortilla
- D) Naan

11. Which of the following is considered a citrus fruit?

- A) Apple
- B) Banana
- C) Lemon
- D) Grape

12. Croissants are a type of pastry originating from which country?

- A) Austria
- B) France
- C) Germany
- D) Belgium

13. Which nut is used to make marzipan?

- A) Almond
- B) Walnut
- C) Cashew
- D) Pistachio

14. What is the main ingredient of traditional Japanese miso soup?

- A) Soybeans
- B) Rice
- C) Seaweed
- D) Fish

15. Which liquid is the primary base for a traditional vinaigrette dressing?

- A) Milk
- B) Vinegar
- C) Soy sauce
- D) Honey

16. What is the common term for a savory egg dish cooked in a frying pan, often folded?

- A) Omelette
- B) Souffle
- C) Meringue
- D) Quiche

17. Which herb is a key ingredient in traditional Italian pesto sauce?

- A) Basil
- B) Cilantro
- C) Dill
- D) Parsley

18. What type of food is 'Tofu'?

- A) Meat substitute made from soybeans
- B) Dairy product
- C) Type of grain
- D) Dried fruit

19. Which root vegetable is commonly used to make French fries?

- A) Carrot
- B) Potato
- C) Turnip
- D) Parsnip

20. What is the primary ingredient in traditional gazpacho soup?

- A) Potato
- B) Tomato
- C) Cucumber
- D) Onion