

Gastronomy Basics

Gastronomy · Answer Key · 20 Questions

1. Which country is traditionally credited with the invention of pizza?

- A) France
- B) Italy**
- C) Greece
- D) Spain

2. What is the main ingredient in traditional guacamole?

- A) Tomato
- B) Avocado**
- C) Onion
- D) Lime

3. Which of these is a type of pasta shaped like small ribbons?

- A) Fettuccine**
- B) Risotto
- C) Tempura
- D) Curry

4. From which plant do cocoa beans originate?

- A) Coffee plant
- B) Cacao tree**
- C) Vanilla orchid
- D) Sugar cane

5. Which spice is known as the 'king of spices' and comes from dried berries?

- A) Cinnamon
- B) Black pepper**
- C) Turmeric
- D) Ginger

6. Which cooking method involves submerging food in boiling water?

- A) Baking
- B) Grilling
- C) Boiling**
- D) Frying

7. Sushi is a traditional dish from which country?

- A) China
- B) Thailand
- C) Japan**
- D) South Korea

8. Which dairy product is produced by fermenting milk with bacteria?

- A) Yogurt**
- B) Butter
- C) Honey
- D) Flour

9. What is the primary ingredient in hummus?

- A) Lentils
- B) Chickpeas**
- C) Peas
- D) Beans

10. Which type of bread is typically associated with France?

- A) Pita
- B) Baguette**
- C) Tortilla
- D) Naan

11. Which of the following is considered a citrus fruit?

- A) Apple
- B) Banana
- C) Lemon**
- D) Grape

12. Croissants are a type of pastry originating from which country?

- A) Austria
- B) France**
- C) Germany
- D) Belgium

13. Which nut is used to make marzipan?

- A) Almond**
- B) Walnut
- C) Cashew
- D) Pistachio

14. What is the main ingredient of traditional Japanese miso soup?

A) Soybeans

B) Rice

C) Seaweed

D) Fish

15. Which liquid is the primary base for a traditional vinaigrette dressing?

A) Milk

B) Vinegar

C) Soy sauce

D) Honey

16. What is the common term for a savory egg dish cooked in a frying pan, often folded?

A) Omelette

B) Souffle

C) Meringue

D) Quiche

17. Which herb is a key ingredient in traditional Italian pesto sauce?

A) Basil

B) Cilantro

C) Dill

D) Parsley

18. What type of food is 'Tofu'?

A) Meat substitute made from soybeans

B) Dairy product

C) Type of grain

D) Dried fruit

19. Which root vegetable is commonly used to make French fries?

A) Carrot

B) Potato

C) Turnip

D) Parsnip

20. What is the primary ingredient in traditional gazpacho soup?

A) Potato

B) Tomato

C) Cucumber

D) Onion