

Middle East Health Crisis: Conflict Impacts, Disease Outbreaks, and Policy Shifts

Middle East Health · Practice Test · 8 Questions

1. Which Middle Eastern country recently announced the adoption of a national health insurance system aimed at ensuring equitable access to high-quality health services for all its citizens, with a focus on preventive care and digital transformation?

- A) Saudi Arabia
- B) United Arab Emirates
- C) Iran
- D) Qatar

2. What is the primary mode of transmission for Middle East Respiratory Syndrome (MERS) to humans, as per recent health reports?

- A) Contaminated water sources
- B) Infected insects
- C) Contact with infected camels
- D) Airborne droplets from infected birds

3. According to WHO reports in early 2026, what is a significant consequence of the escalating conflict in the Middle East on healthcare systems in affected countries like Lebanon and Syria?

- A) A surplus of medical supplies due to increased international aid
- B) The closure of numerous healthcare facilities and a rise in attacks on medical personnel
- C) A widespread adoption of advanced telehealth services that fully compensate for facility closures
- D) A decrease in reported injuries and an improvement in public health conditions

4. A recent initiative in Abu Dhabi, launched at the Abu Dhabi Global Health Week, aims to establish a global blueprint for healthcare by focusing on which two key areas?

- A) Infectious disease control and vaccination programs
- B) Public health awareness and sanitation
- C) Precision medicine and longevity science
- D) Emergency medical response and trauma care

5. What has been a major concern for public health in the Middle East due to damaged infrastructure and industrial site burning, as highlighted in recent reports?

- A) Increased access to clean drinking water
- B) Reduced air pollution levels
- C) Environmental contamination degrading water quality and increasing exposure to pathogens
- D) A decrease in the prevalence of respiratory infections

6. Which health issue is experiencing an 'escalating epidemic' in the Middle East and North Africa region, according to recent reports?

- A) Tuberculosis
- B) Malaria
- C) HIV
- D) Dengue fever

7. In response to the escalating health crisis and underfunded emergency operations in the Middle East in early 2026, the WHO launched a flash appeal for a specific amount to support health responses in Lebanon, Iran, Iraq, Syria, and Jordan. What was this amount?

- A) \$689 million
- B) \$30.3 million
- C) \$7 million
- D) \$5.2 million

8. Which of the following diseases has seen re-emergence in the Middle East and North Africa (MENA) region, posing a threat to both animal and human health, according to recent research?

- A) Ebola Virus Disease
- B) Foot and Mouth Disease
- C) Zika Virus
- D) West Nile Virus