

# Philippine Sports Highlights: Asian Games Chef de Mission, Weightlifting Records

Philippine Sports · Practice Test · 17 Questions

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**1. Who was recently appointed as the Chef de Mission for the Philippines' contingent to the 20th Asian Games in Aichi-Nagoya, Japan, replacing Al Panlilio?**

- A) Richard Lim
- B) Abraham 'Bambol' Tolentino
- C) Carlos Yulo
- D) Mark Torcaso

**2. Which Filipina weightlifter set two new youth world records at the 2026 IWF World Youth Weightlifting Championships in Cali, Colombia, in the girls' 48kg class?**

- A) Aleksandra Ann Diaz
- B) Hidilyn Diaz-Naranjo
- C) Althea Bacaro
- D) Jay-R Colonia

**3. The Philippine women's national football team, the Filipinas, have qualified for which major international tournament following their performance in the 2026 AFC Women's Asian Cup?**

- A) 2027 FIFA Women's World Cup
- B) 2026 FIFA Women's World Cup
- C) 2028 FIFA Women's World Cup
- D) 2026 AFC Women's Championship

**4. Who was named the Finals MVP for the 2026 PBA Commissioner's Cup after leading Barangay Ginebra San Miguel to a championship victory?**

- A) Scottie Thompson
- B) Justin Brownlee
- C) Chris McCullough
- D) LA Tenorio

**5. What new national record in athletics was set by Leonard Grospe in NCAA Season 101 on May 7, 2026?**

- A) Men's high jump at 2.22 meters
- B) Men's long jump at 8.10 meters
- C) Men's 100m dash in 10.15 seconds
- D) Men's pole vault at 5.80 meters

**6. Which of the following is a new sport experiencing rapid growth in the Philippines in 2026, with new courts emerging in shopping malls?**

- A) Pickleball
- B) Padel
- C) Ultimate Frisbee
- D) Cornhole

**7. As of July 2026, how many consecutive losses did Gilas Pilipinas have entering the second round of the FIBA 2027 Basketball World Cup Asian Qualifiers, according to reports?**

- A) Four
- B) Three
- C) Five
- D) Two

**8. Who was appointed as the new head coach of the NLEX Road Warriors for the PBA Season 50 Governors' Cup?**

- A) Jimmy Alapag
- B) Jong Uichico
- C) Nash Racela
- D) Yeng Guiao

**9. The Philippines women's national football team's participation in the 2026 AFC Women's Asian Cup served as a crucial test against which level of competition?**

- A) Elite continental opposition
- B) Regional amateur teams
- C) Youth national teams
- D) Club-level teams

**10. Which Filipino gymnast, a niece of Olympic gold medalist Hidilyn Diaz-Naranjo, is also a prominent weightlifter who set two new youth world records in July 2026?**

- A) Aleksandra Ann Diaz
- B) Kylee Kvamme
- C) Carlos Yulo
- D) Eya Laure

**11. The Philippine men's national football team (PMNFT) is scheduled to compete in the 2026 ASEAN Championship-Hyundai Cup. Which of these teams is NOT in their group?**

- A) Singapore
- B) Malaysia
- C) Myanmar
- D) Laos

**12. Who heads Karate Pilipinas and was recently appointed as a Deputy Chef de Mission for the Philippines in the 20th Asian Games?**

- A) Erika Dy
- B) Jarryd Bello
- C) Alexander Sulit
- D) Jop Malonzo

**13. According to reports from Lifestyle.INQ, AI-powered sports analytics is becoming an essential tool for teams and coaches in the Philippines for what primary purposes?**

- A) Analyzing player performance, improving strategy, and preventing injuries
- B) Generating realistic game simulations
- C) Automating referee decisions
- D) Managing player social media accounts

**14. The 2026 PBA Season Governors' Cup marks the debut of which former PBA star as the new head coach of the NLEX Road Warriors?**

- A) Jimmy Alapag
- B) LA Tenorio
- C) Jay Washington
- D) Asi Taulava

**15. What significant achievement did the Filipinas (Philippine women's national football team) secure following their performance in the 2026 AFC Asian Cup?**

- A) Qualified for the 2027 FIFA Women's World Cup
- B) Won the 2026 AFC Women's Asian Cup
- C) Secured a spot in the Olympics
- D) Reached the final of the Southeast Asian Games

**16. Who is the Olympic double gold medalist leading the 430 Filipino athletes competing in the 20th Asian Games in Aichi-Nagoya?**

- A) Carlos Yulo
- B) Hidilyn Diaz
- C) EJ Obiena
- D) Alex Eala

**17. Which Philippine weightlifter, niece of Olympic gold medalist Hidilyn Diaz-Naranjo, won three gold medals at the 2026 IWF World Youth Championships in Cali, Colombia?**

- A) Alexandra Ann Diaz
- B) Althea Bacaro
- C) Jay-R Colonia
- D) Mary Joy Reyes